



OSHER  
LIFELONG  
LEARNING  
INSTITUTE

OLLI

at **Drake**  
UNIVERSITY

FALL 2024 CLASSES, EVENTS, AND SOCIALS

Expand  
your mind.

Expand  
your community.

Lifelong Learning Never Ends.

REGISTRATION OPENS 9 A.M. AUGUST 7



Learn something new.

Have fun doing it.

## About OLLI at Drake

We are a volunteer-supported program of Drake University open to all persons who seek opportunities for lifelong learning. We offer an environment of sharing and fellowship that provides opportunities of intellectual, social and cultural stimulation and growth.



## Hello to our current and future OLLI at Drake University members

OLLI at Drake University is delighted to be a part of your lifelong learning journey. As we eagerly approach the 2024-25 year, our programming, and events/social committees, along with our dedicated staff, are thrilled to present a diverse catalog featuring 86 unique class offerings.

Aligned with our mission, OLLI at Drake is a volunteer-supported program of Drake University that welcomes individuals seeking opportunities for lifelong learning. Our commitment is to provide an inclusive environment for intellectual, social, and cultural stimulation and growth. We offer a wide range of courses, including in-person, hybrid, and Zoom options.

At OLLI, we value and celebrate our volunteers who contribute immensely to the success of our program. From council members to committee chairs, committee members, class hosts, and countless others, everyone is welcome, and there are numerous ways to get involved. If you're interested in learning more about these opportunities, please don't hesitate to reach out.

A special acknowledgment goes to our diverse group of volunteer instructors, the lifeline of our program. Their dedication and expertise enrich the learning experience for our members every day, and we are truly grateful for the wealth of knowledge they bring.

Fall registration is set to open on Wednesday, August 7 at 9 a.m. We encourage online registration for your convenience, but registrations via USPS are also accepted. We eagerly anticipate your participation and look forward to seeing you soon!

Happy learning from your OLLI at Drake team.



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## PRESENTING THE OLLI AT DRAKE SERIES

*Classic films followed by a discussion led by an Osher Lifelong Learning Institute (OLLI) Drake instructor.*

**THE BIRDS**  
(1963)  
Thursday, September 5  
2 p.m.

**SNOW WHITE**  
(1937)  
Thursday, October 3  
2 p.m.

**TO KILL A  
MOCKINGBIRD**  
(1962)  
Thursday, November 7  
2 p.m.

**HARVEY**  
(1950)  
Thursday, December 5  
2 p.m.

# How it Works

Non-credit educational opportunities are offered in the fall and spring semesters to our membership of lifelong learners. Instruction is provided by volunteers from Drake University faculty and the community at large. Events and socials are offered regularly to help connect and enrich our membership.

## Membership

Annual OLLI at Drake membership extends from July 1 through June 30. A fall and spring catalog will be issued to all members.

- Annual membership \$75 per person

## Membership Benefits

- Connection to a community of enthusiastic learners in a vibrant university atmosphere
- Access to diverse courses from Drake faculty, community leaders, and experts
- Members-only lectures throughout the year, at no additional cost
- Borrowing privileges at Drake's Cowles Library
- Reserved seating at Drake's Bucksbaum lecture series
- Parking privileges for classes
- Invitations to Drake-sponsored lectures and activities
- Monthly e-newsletter

**Mailing Address:**  
OLLI at Drake  
2507 University Avenue  
Des Moines, IA 50311

**Office Location:**  
Alumni House  
2700 University Avenue  
Des Moines, IA 50311

## Volunteer Opportunities

There are multiple opportunities to support OLLI at Drake by sharing your time and talents. Contact the office for details: [OLLI@drake.edu](mailto:OLLI@drake.edu) or phone 515.271.2120. Training and orientation will be provided.

- **Programming Committee**  
generating ideas for program content, providing feedback, and developing courses from concept to reality.
- **Events and Socials Committee**  
generating ideas and conducting planning for social events, community tours, and other activities.
- **Membership and Marketing Committee**  
providing insight and support for OLLI at Drake membership recruitment and retention strategies.
- **Volunteer Engagement Committee**  
supports recruitment, engagement and retention of volunteers working with OLLI at Drake University.
- **OLLI at Drake Council**  
general oversight for program creation, financial management, community outreach, membership recruitment and retention.
- **Instructor**  
propose a course you would like to teach in an upcoming semester.
- **Host Team**  
early class arrival, introducing instructors, greeting and checking in registrants.
- **Administrative Support Team**  
supporting class venue set up, office task completion, etc.

# Important Information

## Values

- **Personal Growth:** We seek to enhance our lives by stimulating thought, providing new opportunities for creative thinking, expanding knowledge, and offering meaningful experiences. We encourage members to interact and enjoy themselves.
- **Knowledge/Learning:** We seek to enjoy the process of learning, the satisfaction of our curiosity, and the pursuit of truth.
- **Respectful:** We seek to create a welcoming environment where people feel safe to express their ideas and opinions.
- **Communication:** We seek to engage clearly, regularly, and directly with members, Drake partners, and other central Iowa communities

## Member Communication

- OLLI at Drake uses email as its primary method of communication. If you do not have an email address, please request information to be mailed through USPS.
- OLLI at Drake members will receive an e-newsletter each month, highlighting upcoming OLLI at Drake and campus activities.

## Scholarships

Thanks to the generous support of the Osher Foundation, OLLI members, and other donors, OLLI at Drake University offers scholarships to those in financial need. Their contributions make scholarships possible for older adults who would not be able to participate otherwise. Scholarship can be provided for an annual membership and/or up to three classes or events. Thank you!

To request a scholarship, please email [olli@drake.edu](mailto:olli@drake.edu). All scholarship requests will be confidential.

## Name Tags

- All OLLI at Drake members will be issued a name tag.

## Library Privileges

As a member of OLLI at Drake, you have borrowing privileges at Drake's Cowles Library. Library privileges must be renewed every year. Contact the library to get your library card: call (515) 271-2113. You will need to provide a current form of ID.

## Parking Tags

- All OLLI at Drake members attending **in-person classes on the Drake campus** will be issued a parking tag.
- Parking tags issued during the Fall 2024 and Spring 2025 semesters are valid until August 2025.
- Parking tags are to be used in designated OLLI parking locations only during OLLI classes.

## Refund Policy

Refunds will be processed upon notification to the office at least **two weeks** prior to the commencement of a course or event. Please be advised that refunds will not be granted for partial participation in a class or activity.

Refunds will only be issued for individual class amounts **equal to, or exceeding, \$20**. Alternatively, if a refund is not preferred for a cancellation, the fee can be converted into a tax-deductible contribution.

# Important Class Information

## Class Registration

- Please register for classes online at <https://alumni.drake.edu/olli>
- In the event you are unable to register online, a registration form and a business reply envelope are enclosed.
- Classes are open to OLLI at Drake members only.
- Registration is processed on a first-come, first-served basis.
- Each participant should register separately.

## OLLI at Drake Hybrid classes

Most of our classes are listed as Hybrid. You can choose to participate in person, or via Zoom. **Please circle IP (in-person) or Z (Zoom) where indicated.** The in-person location for Hybrid classes will be the Harkin Institute building at Drake University.

## OLLI at Drake In-Person classes

There are several classes listed as **In-Person**. They may be performances or field trips. We have some classes that the instructor has requested be delivered only in-person.

## Class Locations

Hybrid classes are held at the Harkin Institute, 2800 University Avenue, Des Moines. Offsite class locations are listed with class information.

## OLLI at Drake Zoom classes

Some classes are listed as “only Zoom”. We are fortunate to have instructors from all over the country and the virtual delivery works best for the instructor/s to present via Zoom. There are numerous benefits to participating in virtual classes, especially enabling class participation from anywhere in the country.

### What you need for Zoom

- High-speed internet connection.
- A computer or iPad.
- A smart phone can be used to participate by video or dial-in info for those without a computer or smart phone

## Class cancellations or changing delivery mode

In the rare case of a class cancellation or date change, OLLI at Drake staff will notify the class participants **via email**. Please check your emails regularly, particularly on the morning of a class.

An email announcement will be sent if weather conditions or other circumstances necessitate for a Hybrid class to be changed to Zoom only.

## We are here to help

OLLI at Drake staff are happy to help all members achieve the most from their class experience. Please contact the staff with any questions!

**Director: Tracy Beck**

[tracy.beck@drake.edu](mailto:tracy.beck@drake.edu)

**Program Coordinator: Lisa Cooper**

[lisa.cooper@drake.edu](mailto:lisa.cooper@drake.edu)

**General inquiries**

[olli@drake.edu](mailto:olli@drake.edu)

# Contents

Maximizing your OLLI Experience.....	5	Trees as Herbs.....	18
Self Healing.....	5	Strategy for Advanced Mah Jongg.....	19
General Douglas MacArthur in Japan.....	5	Harvest on the Farm.....	19
A Day in the Life of a Medical Examiner.....	5	Get Your Drake Library Card and Tour the Archives.....	19
The World in Review.....	5	Behind the Scenes Storytellers’ Project.....	19
MOVIE EVENT – <i>The Birds</i> .....	6	Pundits, Polls and Politics – 2024 Election – II.....	20
The 9/11 Story.....	6	World of Beers.....	20
Updates on Drake Basketball.....	6	Murder Mystery Dinner - An OLLI Whodunnit.....	20
Birdwatching in Central Iowa.....	7	100 D-Days: The War Against the Rising Sun.....	20
Wellbeing from Head to Toe with DMU.....	7	The Storytellers’ Project – “Overcoming”.....	21
Life, the Universe and Everything.....	7	Book Discussion – <i>Together ...</i> by Dr. Vivek Murthy.....	21
Tai Chi for Beginners.....	8	Accomplished But Insufficiently Praised People.....	21
Great Readings Discussion Group.....	8	Behind the Scenes Post-Paris: Team USA.....	22
China from Two Perspectives.....	8	Amplifying Poetry in Our Community.....	22
Des Moines Talks: People You Should Know.....	9	Exploring Kellogg and Grinnell.....	22
Exploring the Museums of Cedar Rapids.....	10	Art and Inclusion at Easter Lake: Bike Ride.....	23
The Reality of Hunger ... Tour of Food Bank of Iowa.....	10	1950s Rural America.....	23
Israel and the Palestinians.....	10	Telling Your Stories: The Five-Minute Memoir.....	23
Mystery Fine Wine Tasting.....	11	Tracing the Threads of the Tapestry.....	24
Iowa Military History & Gold Star Museum.....	11	MOVIE EVENT – <i>To Kill a Mockingbird</i> .....	24
Take a Dive into Des Moines’ Bars.....	11	Drake Jazz Ensemble Concert.....	24
Marshalltown Arts & Civic Center Visit.....	11	Traditions and Ceremonies of Japanese Culture.....	25
Tallgrass Theatre: <i>It’s Only a Play</i> .....	12	Climate Change.....	25
Economic Roundtable.....	12	<i>CLANDESTINE ... the story of Mariah Otey Reddick</i> .....	25
Journaling to Heal.....	12	Raptors of Iowa.....	26
Iowa Architectural Foundation Tour: East Village.....	12	ANDERSON GALLERY: Acts of Projection Magic.....	26
Documentary Film Making.....	13	Immigration Uncovered.....	26
Water Aerobics.....	13	Dementia Prevention: UPDATED.....	27
Ratification of the Constitution.....	13	Lunch at Hugo’s Wood-Fired Kitchen.....	27
Homecoming Football Game.....	14	Ageless Strength: Functional Fitness for Life.....	27
Murder at the Y.....	14	<i>The River Knows: Water &amp; Land Will Shape Future</i> .....	27
Healthy Eating: Beans, Greens and Fish.....	14	A Recap of Book <i>Woodland Cemetery in Des Moines</i> .....	27
Visit Des Moines’ Downtown Historic Churches.....	14	The History of Broadlawns.....	28
Welcome to Jazz.....	15	Reinventing America: Myths/Lies in American History.....	28
A Little Bit of Probability.....	15	MAsters of MODernism: MANet/MONet.....	28
LUNCH & LEARN WesleyLife: President Marty Martin.....	16	I’m Not Listening: Communicating.....	29
MOVIE EVENT – <i>Snow White</i> .....	16	LUNCH & LEARN WesleyLife: Hydroponics.....	29
Drake Theatre: <i>First Date</i> .....	16	MOVIE EVENT – <i>Harvey</i> .....	29
<i>Fantasia</i> Revisited.....	16	Aging with Style: Improving Your Aging IQ.....	29
Des Moines Community Orchestra.....	17	Tallgrass Theatre: <i>Home for the Holidays Cabaret</i> .....	30
Iowa Families Living on the Edge.....	17	The Forrest Gump of Iowa ... Continued.....	30
CMA Hosts: Songs of Black America.....	17	Ralph Vaughan Williams and His World.....	30
POLITICS 24: The Race to the White House.....	17	The Simple Magic of the Native American Flute.....	30



## Maximizing your OLLI at Drake Experience – Open House

**OLLI at Drake Leadership Team and Staff  
Wednesday, August 28  
2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

What is OLLI? Find out how it works and how you can get involved. This single session for both new and returning members will look briefly at the history of the RaySociety and the transition to OLLI at Drake University. We will look at OLLI at Drake's organizational structure, goals and programs. You will meet some of OLLI's leaders, learn how they got involved, and discover opportunities for you to engage with the organization.

## Self Healing

**Dennis Kelly**

**Tuesdays, September 3, 10, 17, 24  
10–11:30 a.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$45

This class will be a golden opportunity to connect with the latest information on how we can connect with our own powerful self-healing abilities. Lively discussion and personal experiences will be part of the class.

*Dennis Kelly is the founder of Yoga In The Park, Meditation Around Town and Experience Nature's Healing.*

## General Douglas MacArthur In Japan, 1945-1951

**Paul Morris**

**Tuesdays, September 3, 10, 17, 24  
2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

Taking command in Tokyo in 1945, MacArthur effectively, if autocratically, directed the reconstruction of a Japanese economy and society devastated by WWII. But he utterly failed to prepare for the Communist invasion of South Korea in 1950. He then sparked an international crisis by publically advocating his use of atomic weapons against China. As the world teetered on the brink of a new world war, he was fired

by President Truman, and his years in Japan ended in disgrace.

Paul Morris has degrees in economics and business, and an MA in history at the University of Iowa. He has served as the Chief Information Officer at Tufts, Emory and Drake Universities and has also taught numerous classes for OLLI, primarily about history.

## A Day in the Life of a Medical Examiner

**Dr. Kelly Kruse**

**Wednesday, September 4  
10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

You've seen them on crime shows and even heard them mentioned on local television shows, but exactly what is a medical examiner? Dr. Kelly Kruse, an Associate State Medical Examiner at the Iowa Office of the State Medical Examiner, will give you a glimpse into this important profession. Learn about the structure of Iowa's medical examiner system, criteria for performing autopsies, intricacies of the autopsy process and its significance, and daily responsibilities of a medical examiner. Dr. Kruse will also share insights into determining cause and manner of death through case examples.

Dr. Kelly Kruse holds a Bachelor's of Science degree in anthropology from Tulane University and Master of Public Health and Doctor of Medicine degrees from St. George's University. She completed an anatomic and clinical pathology residency program in New Jersey and a forensic pathology fellowship program at the Office of the Chief Medical Examiner of Maryland before joining the Iowa Office of the State Medical Examiner in 2018. To date, she has conducted approximately 2,000 autopsies, testified in multiple nationally televised murder trials, and served as a consultant for Law & Crime Network.

## The World in Review

**Ellen Pirro**

**Wednesdays, September 4, October 2,  
November 6, December 4  
2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

Join Ellen for a monthly update on the current happenings in international relations and European politics. This class examines the resurgence of a world

organized in major poles – three at this time – who contend with each other for dominance. The unipolar world centered around the United States, from 1989 (the end of the Cold War) to roughly 2008, is gone. The United States faces major challenges from Russia and China, each of whom has global ambitions. Their goals will be examined and we will look to the future in this fast-evolving situation.

**Ellen Pirro** teaches political science at Iowa State University and specializes in international relations and European politics. She has also taught at Drake. She founded and directed the Carrie Chapman Catt Center for Women and Politics at ISU. She was named teacher of the year at ISU in 2012, and in 2014 she received the university's International Service Award. Ellen has coauthored a book *The European Union & the Member States* with retired Drake professor Eleanor Zeff.

## **MOVIE EVENT – Varsity Cinema**

### ***The Birds* (1963)**

**Carl Johnson hosts discussion after movie**

**Thursday, September 5**

**2–4:30 p.m.**

Class delivery mode: IN PERSON

Location: Varsity Cinema

Cost: \$10

*(Optional Zoom presentation with Carl Johnson at 9:30–10:30 a.m., Thursday, September 5)*

Nominated for an Academy Award for Best Effects, Special Visual Effects, this film from 1963 by Alfred Hitchcock was Tippi Hedren's first credited screen role. The great film composer, Bernard Herrmann, in his 7th collaboration with Hitchcock, is listed as "sound consultant." Find out more about this and how Hitchcock created his frightening imagery based on the story by Daphne Du Maurier. This film has impactful camerawork, for which Hitchcock is famous, as he builds suspense along with a multi-layered psychological drama.

**Carl Johnson** received his undergraduate degree in music education and his teaching credential from UCLA, then spent 19 years teaching high school instrumental music in California. He moved to Urbandale in 1992 and received his master's degree in conducting from Drake University in 1994. He has taught classes in numerous adjunct and part-time capacities ever since. He is the music director/conductor of the Des Moines Community Orchestra, conducted annual musicals with the Urbandale Community Theatre, and is the assistant director of the Greater Des Moines Community Band.

## **The 9/11 Story: As told by the National Chair of 9/11 Families United: Terry Strada**

**Terry Strada**

**Friday, September 6**

**10-11:30 a.m.**

Class delivery mode: ZOOM

Cost: FREE

Dennis Kelly, from OLLI at Drake, will interview Terry Strada on Zoom about her personal connection and life mission connected to the tragic events of September 11.

**Terry Strada** is the national chair of 9/11 Families United. For over two decades she has worked tirelessly with Congress, Administrations, the Department of Justice, and the media as a dedicated activist and leader, coordinating and mobilizing 9/11 families and survivors into action. Her mission is to seek justice and accountability for the murder of her husband and all those murdered and injured on 9/11, and to deter future terrorist attacks by establishing legal consequences for nations that support terrorism.

## **Updates on Drake Basketball**

**Ben McCollum (Men's Head Coach)**

**Allison Pohlman (Women's Head Coach)**

**Friday, September 6**

**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

Hear from Coaches Allison Pohlman and Ben McCollum about the upcoming Drake Basketball seasons. Ask questions about the Bulldog teams, and learn how you can be a part of the excitement inside the Knapp Center.

**Ben McCollum**, architect to the most successful men's college basketball dynasty of the last decade, was named men's basketball head coach at Drake University, Athletics Director Brian Hardin announced on Monday, April 1. A native of Storm Lake, Iowa, McCollum arrived in Des Moines after spending the past 15 seasons as the head coach at NCAA Division II power Northwest Missouri State University. While in Maryville, he won four national championships (2017, 2019, 2021, 2022). Born in Iowa City, McCollum was raised in Storm Lake, Iowa, and graduated from St. Mary's High School in 1999. He and his wife, Michelle, are the proud parents of two sons, Peyton and Tate, and a daughter Grace Ann.

**Allison Pohlman**, a longtime associate head coach and one of the primary architects of the Drake women's basketball program's renaissance, was named the Suzie

Glazer Burt Head Women's Basketball Coach at Drake University on April 18, 2021 and is entering her third season leading the Bulldog women with a career record of 71-29. Along the way, the Bulldogs won the program's 10th MVC Regular Season championship, and eighth MVC Tournament championship, the second in a row for Drake. The Wellsburg, Iowa native and her husband, Kirk, have triplet daughters, Quinn, Rubie and Sidny. Pohlman holds a bachelor's of science in Dietetics and a master's degree in Health Education from UNI.

## **Birdwatching in Central Iowa**

**Dennis Thompson**

**Mondays, September 9, 16, 23**

**8-9:30 a.m.**

Class delivery mode: IN PERSON

Locations: TBD

Cost: \$30

Cap: 15

Join one of Iowa's foremost birders, Dennis Thompson, for a morning bird walk exploring central Iowa parks. We'll look for a wide variety of species in various habitats. Novices are very welcome. Bring binoculars and a small notebook to record your sightings. Participants will receive meeting directions via email prior to the class. Expect some uneven terrain and wear sturdy shoes.

**Dennis Thompson** has been active in Central Iowa birding circles for over 35 years. He has served as president of the Des Moines Audubon Society several times and has led monthly field trips for that organization for the past 25 years. Dennis has also been the compiler for the Des Moines Audubon Christmas Bird Count since the mid-80s. Dennis is retired from Wells Fargo.

## **Wellbeing From Head to Toe**

**Dr. Seth Quam, Abigail Schiltz,**

**Dr. Ashley Dikis**

**Mondays, September 9, 16, 23**

**10-11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

### **SESSION 1: Weight Loss ... What are my options? A Primary Care Perspective**

Weight loss is a topic of conversation that regularly comes up in a family medicine office visit. This discussion is around the healthy management of movement, nutrition, and of course...OZEMPIC. The course will review several dietary approaches to nutrition and a review of the primary foods considered when discussing management of weight.

**Dr. Seth Quam** has practiced Family Medicine for 12 years. A local guy, having grown up in Des Moines, his interests include cardiometabolic health, sports medicine, pediatrics/adolescent health. He is married and has three daughters. Outside of teaching and treating patients, Dr. Quam enjoys time with his family, Cyclone sports, cycling.

### **SESSION 2: Strategies for Managing Anxiety and Depression**

Anxiety and depressive symptoms are common. In this lecture, we will discuss strategies and resources to help manage these symptoms.

**Abigail Schiltz** joined Des Moines University (DMU) Behavioral Health Clinic as a Physician Assistant in 2021. She earned a Bachelor of Science degree in Human Physiology at the University of Iowa and a Master's Degree in Physician Assistant Studies at DMU. She then served as a Physician Assistant family medicine resident at the University of Iowa Hospitals and Clinics (UIHC), where she treated patients of all ages.

### **SESSION 3: Footloose and Fancy-Free: Living with Arthritis of the Foot & Ankle**

Some degree of degenerative joint disease is an inevitable part of aging, but it doesn't have to hold you back. This lecture will review the causes of arthritis of the foot and ankle, as well as take an in-depth look at various preventative measures and treatment options.

**Dr. Ashley Dikis** joined DMU as an assistant professor in 2020 and currently acts as the clinical department chair for the DMU Foot & Ankle Clinic. She earned a bachelor's degree in biological sciences from Purdue University, podiatric medical degree from Des Moines University, and completed foot and ankle surgical residency training at the University of Pittsburgh.

## **Life, The Universe, and Everything (6 sessions)**

**Sam Wormley**

**Mondays, September 9, 16, 23, 30, and October 7, 14**

**2-3:30 p.m.**

Class delivery mode: ZOOM

Cost: \$45

*The Hitchhiker's Guide to the Galaxy* is a comic science fiction series created by Douglas Adams, where 42 is the answer to the Ultimate Question of Life, The Universe, and Everything. This OLLI course is rather ambitious, as it attempts to answer some pretty big questions in science. To make this a manageable OLLI course we have divided 42 weeks by seven so that we have just six weeks of class. Furthermore each class

is introduced by a 2-minute video featuring particle physicist, David Kaplan describing the subject matter and basic principles.

**Specific topics to be covered:**

1. What Happens if You Fall Into a Black Hole?
2. Where Did the Universe Come From?
3. How Does Life Come From Randomness?
4. How Did Life Begin on Earth?
5. How Symmetry Shapes Nature's Laws
6. Is That 'Bump' a New Particle?

**Sam Wormley** has degrees in mathematics and electrical engineering and taught as an adjunct professor of astronomy at Marshalltown Community College for seventeen years. Wormley regularly teaches science and technology for OLLI at Drake and at Iowa State.

## Tai Chi for Beginners

**Daniel Alexander**

**Tuesdays, September 10, 17, 24,  
October 1, 8, 22, 29, November 5, 12  
Fridays, September 13, 20, 27,  
October 4, 11, 25, November 1, 8, 15  
12-1 p.m.**

Class delivery mode: IN PERSON

Location: TBD

Cost: \$30

Cap: 15

*\*\*Materials needed for the class will be provided free of charge at the first class.*

This course introduces the practice of Tai Chi with a gentle, non-taxing routine that includes elements of Qigong, Yang style Tai Chi, and movement training. While it is a beginner's course, people who have experience with Tai Chi are also welcome. The course is taught with the spirit that any movement is good movement. There are many claims about the positive benefits of Tai Chi, and it is our hope that with regular practice, you will notice a difference in overall flexibility, fitness, and ability to relax. If any parts of our routine are not comfortable, you do not need to do them. If you have any health concerns about taking the class, we recommend that you consult your physician.

**Daniel Alexander** is a retired Drake mathematics professor. He has practiced Tai Chi for about 20 years and has co-facilitated a local Tai Chi group since 2018.

## Great Readings Discussion Group

**Bruce Martin**

**Tuesdays, September 10, 24, October 15, 29,  
November 5, 19 and December 10  
6:30-8 p.m.**

Class delivery mode: ZOOM

Cost: \$30

Cap: 20

Bruce Martin will lead discussions of literary texts from various time periods and cultures. Readings for the Fall 2024 semester will include stories by Anton Chekhov, William Trevor and A.S. Byatt. They will be sent individually to participants throughout the semester. Anyone having questions or concerns, or wanting additional information should contact Bruce Martin: brucekmartin85@gmail.com or 515-612-3508.

**Bruce Martin** is Professor Emeritus of English, and Ellis and Nelle Levitt Professor of English at Drake. He taught at Drake from 1967 to 2006, offering courses mostly in 19th and 20th century British literature and literary theory. In 1986-1987, he held a Fulbright lectureship at the National University of Singapore, where he later served as visiting Professor of English. Subsequently, he was awarded Fulbright lectureships to South Korea and Madagascar.

## China From Two Perspectives

**Ambassador Kenneth Quinn**

**Ambassador Terry Branstad**

**Wednesdays, September 11, 18  
10-11:30 a.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$30

**SESSION 1: Ambassador Kenneth Quinn**

From his first visit to China in 1979, when he accompanied Governor Robert Ray shortly after the establishment of diplomatic relations, through his scheduled travel in October to co-chair the World AgriFood Innovation Conference in Beijing, Ambassador Ken Quinn will have visited China over 20 times. He has done so as a diplomat, President of the World Food Prize and a participant in the Iowa-Hebei Sister State/Sister Province relationship. During that almost five decade long period, he has observed the dramatic transformation of China, both internally as well as in terms of its relationship to other countries in the Asia-Pacific region. He feels privileged to have had interactions with President Xi Jinping, Paramount Leader Deng Xiaoping, and China's greatest agricultural

scientist, Professor Yuan Longping. He will recount experiences dealing with torture, terrorism, refugees, genocide, and ending hunger and poverty during his 32-year global odyssey as an American diplomat serving: in Vietnam during the war; on Henry Kissinger's National Security Council staff at the White House; in Governor Bob Ray's office; at the United Nations in Vienna; and as American Ambassador to Cambodia; followed by his two decades of leading Norman Borlaug's World Food Prize in Des Moines.

**Ambassador Kenneth Quinn** is a graduate of Loras College in Dubuque, holds a master's degree in Political Science from Marquette University and a PhD in International Relations from the University of Maryland. He was only the 23rd recipient of the Iowa Medal, the state's highest citizen award. Other honors include: the State Department Award for Heroism; being the only civilian to ever earn the Army Air Medal for participating in helicopter combat operations; and acting as interpreter in Vietnamese for President Ford.

#### **SESSION 2: Ambassador Terry Branstad**

Ambassador Terry Branstad's presentation for OLLI at Drake will be as a 'fireside chat' with a moderator discussing his long history with China during his tenure as Ambassador to China from 2017 to 2020, and the relationship with China during his time as Iowa's longest serving Governor and the longest-serving Governor in US history. He will address the complicated relationship between the US and China and share his insights into having China as a vital agricultural trading partner. Participants will be welcome to ask questions during this presentation.

Former US Ambassador to China **Terry Branstad** is the president of the World Food Prize Foundation, and the longest serving governor in the history of the United States. In addition to his role as president of Des Moines University Medical School, his public service includes election to the office of Lt. Governor and three-terms in the Iowa House of Representatives. He is a founding partner of the Branstad Churchill Group, a strategic consulting firm that provides advice, guidance and solutions to organizations, corporate leaders and investors seeking to navigate the complexities associated with conducting business in China and the United States. During his tenure as US Ambassador to China, Branstad's two greatest accomplishments included the signing of the historic Phase-One Trade Agreement in January of 2020 and successfully lobbying the Chinese government to stem the flow of fentanyl into the United States. Branstad continues his public service as the "Ambassador-In-Residence" at Drake University in Des Moines, where he received his Juris Doctorate, and as the national co-chair of the capital campaign to modernize the Herbert Hoover Presidential Library and Museum in West Branch, Iowa.

## **Des Moines Talks: People You Should Know**

**Jeff Chelesvig, Mary Sellers**  
**Wednesdays, September 11, 18**  
**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

We are proud to highlight two well-known local CEOs. They do not oversee large area businesses. Rather, they lead organizations that unite Central Iowa residents, enhance the vitality of our communities, and contribute to Greater Des Moines being 'the Surprising Place'. They will share with us their personal history, as well as the successes and challenges facing their organizations in the years ahead. Join us as we highlight the leaders of Des Moines Performing Arts and United Way of Central Iowa.

#### **SESSION 1: The Joy of Theater: Managing a Successful Performing Arts Center**

This presentation will explore the history, lessons, and successes of Des Moines Performing Arts (formerly the Civic Center of Greater Des Moines). Join President and CEO, Jeff Chelesvig, as he shares wisdom from his long career in the performing arts sector.

**Jeff Chelesvig** is President and CEO of Des Moines Performing Arts, an organization he has led since 1995. Under his leadership, Des Moines Performing Arts, which owns and operates the Des Moines Civic Center, has grown to present seven series, including the Willis Broadway Series. Jeff serves on the Board of Governors for the Broadway League, the national trade association for Broadway in New York and across the country. He is Iowa's only voter for Broadway's Tony Awards. Jeff is active with the Independent Presenters Network, a consortium of fellow touring Broadway presenters that invest in the development of new shows, and served as President of the organization from 2019-2022. Jeff was born in Iowa and resides in downtown Des Moines.

#### **SESSION 2: United Way of Central Iowa**

This session will talk about the role United Way of Central Iowa plays in serving the needs of people within Des Moines and the region and how volunteers, donors, local governments, and non-profit agencies collaborate in these efforts. Mary Sellers, President of United Way of Central Iowa will also talk about her career and just what makes United Way of Central Iowa an organization that is renowned within its field and respected by its peers.

**Mary Sellers** has served as President of United Way of Central Iowa from 2012 to 2017 and from 2021 until the present. In that role she leads an organization

that tackles community challenges by working with various partners to achieve united solutions that benefit entire communities. From 2017 to 2019 Mary served as President of United Way Worldwide. In that role, Mary was responsible for the strategic impact of United Ways in 41 countries and territories.

## Exploring the Museums of Cedar Rapids

**Thursday, September 12**

**10 a.m.–4 p.m.**

Class delivery mode: IN PERSON

Locations: Czech-Slovak Museum, African American Museum of Iowa, and Cedar Rapids Museum of Art

Cost: \$60

Cap: 50 (*self drive, members can carpool*)

Cedar Rapids has a rich history and wonderful nationally-recognized museums. Our day will start at the Czech-Slovak museum and include a lunch-and-learn at the museum, enjoying a traditional Czech buffet. We will then visit the African American Museum of Iowa (AAMI), and then finish the day at the Cedar Rapids Museum of Art (including a visit to Grant Wood's Studio).

## The Reality of Hunger and Hunger Myths: On-Site Tour and Presentation at The Food Bank of Iowa

**Bergetta Beardsley**

**Friday, September 13**

**10–11:30 a.m.**

Class delivery mode: IN PERSON

Location: Food Bank of Iowa, 2220 E 17th St

Cost: \$15

Cap: 40

This class will be at the Food Bank's central Iowa headquarters. The visit will include a presentation by Bergetta Beardsley followed by a tour of the facility. We will discuss Food Bank of Iowa's role as a food bank and its relationship with supporting partners across 55 Iowa counties. We will discuss hunger myths and how we can all play a role in helping our neighbors in need – children, families, seniors and veterans.

**Bergetta Beardsley** serves as Vice President of Philanthropy and has been with Food Bank of Iowa since August 2018. Bergetta leads the fundraising, volunteer and marketing teams. Prior to joining the Food Bank, she was Director of Donor Relations at the

Community Foundation of Greater Des Moines, and previous to that held nonprofit roles at the MercyOne Foundation and United Way of Central Iowa. Bergetta has a BA in communications from Luther College,

## Israel and the Palestinians: Is the Two-State Solution Still Viable?

**Hunter R. Clark**

**Fridays, September 13, 20**

**2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This course will examine the Arab-Israeli conflict, from the emergence of the modern Zionist movement through the formulation of the two-State solution. The two-State solution calls for the creation of separate Jewish and Palestinian states, living together as neighbors in peace. The course will emphasize US efforts to broker Mideast peace, which are based, most recently, on the Abraham Accords negotiated during the Trump administration. We will conclude with an assessment of the Abraham Accords' prospects for success and whether the two-State solution is still a viable option for resolving the conflict between Israel and the Palestinians.

**Professor Hunter R. Clark** joined Drake University's law faculty in 1993. He is a graduate of Harvard College, AB cum laude 1976, and Harvard Law School, JD 1979. During law school, he wrote for the *Harvard International Law Journal*, and edited the *Harvard Civil Rights-Civil Liberties Law Review*. From 1981-1986, he worked as a staff writer for *TIME Magazine*, writing weekly articles on world affairs and diplomatic developments. His writings on foreign direct investment and global economic development have appeared in leading journals and law reviews. During high school, Clark worked as a page in the US Supreme Court. He is the author of two books: *Justice Brennan: The Great Conciliator* (1995), and *Thurgood Marshall: Warrior at the Bar, Rebel on the Bench* (1994, 1992).

## Mystery Fine Wine Tasting

**Leif Gustafson**

**Wednesday, September 18**

**6–7:30 p.m.**

Class delivery mode: IN PERSON

Location: The Cork 50131, Johnston

Cost: \$45

Cap: 32

Attendees will have the opportunity to taste and discuss six different varieties of wine from various major wine growing regions of the world. Wine will be poured in black glasses to obscure the color and make guessing more difficult. The attendee who guesses the most varieties and regions correctly will receive a free bottle of wine. Each attendee will also receive a small meat and cheese plate.

**Leif Gustafson** is a recovering attorney who opened The Cork 50131 with his wife Tricia in 2022. Leif is a wine aficionado who enjoys introducing people to new wines, especially those with an interesting geographical/historical story. In addition to co-owning The Cork, Tricia works in higher education curriculum and technology sales.

## Iowa Military History and Gold Star Museum Tour

**Michael Treinen**

**Thursday, September 19**

**10 a.m.–12 p.m.**

Class delivery mode: IN PERSON

Location: Camp Dodge, Johnston

Cost: FREE

Cap: 70

Join us for a tour of the Iowa Gold Star Military Museum located at historic Camp Dodge. The museum was voted the best museum by the Des Moines People's Choice awards 2023. The tour gives us an opportunity to explore Iowa's military history from Lewis and Clark to the present. We'll have a brief presentation and then tour the various exhibits. Retired Army Reserve Colonel Michael Treinen will share some history and be available to answer questions and assist with the tour.

**Mike Treinen** is a Vietnam Veteran and retired lawyer. He worked primarily as a lobbyist at the Iowa Legislature. On the military side, Mike served in Germany, France and Vietnam, followed by 25 years in the Army Reserves as a logistician. Mike graduated from Creighton University and the University of Iowa.

## Take a Dive into Des Moines'

### Neighborhood Bars

**Thursday, September 19**

**Wednesday, September 25**

**2–3:30 p.m.**

Class delivery mode: IN PERSON

Locations:

Bailey's Pub & Grub, 918 E Euclid Ave., DSM

Kelly's Little Knipper, 1701 E Grand Ave., DSM

Cost: \$45

Cap: 30

Neighborhood Bars are part of the fabric of every community. Whether it's a single establishment located on a small town Main Street, or a number of bars in different parts of a larger city, they are gathering places for local residents that provide vitality and energy to their community. Whether it's a wedding shower, a monthly gathering of women's groups, or a convenient place to cheer on the WNBA's Indiana Fever, the two bars we've included reflect the best in their community and are PROUD to be called Dive Bars. Join us as we first travel to a North Side Euclid Avenue bar and follow up six days later at an historic near East Side bar located on East Grand Avenue. Join us as we learn about their history, the customers they serve, and sample from their menu. One can even choose to order an alcoholic beverage. Naturally, that's on your own dime. Come on, 'dive in' and join fellow OLLI members on this two-session 'road trip'!

## Marshalltown Arts & Civic Center – Fisher Art Gallery

**Friday, September 20**

**9–11:30 a.m.**

Class delivery mode: IN PERSON

Location: Marshalltown Art Center, Marshalltown

Cost: FREE

Cap: 50 (*self drive, members can carpool*)

Join us for a visit to the Marshalltown Arts and Civic Center featuring the beautiful Fisher Art Gallery. J.W. Fisher (Bill) was the 3rd generation president of the Fisher Governor Company. He shared the success of the company through his generosity and support of Marshalltown. Between 1940 and 1974, Bill and his wife, Dorothy, became "patrons of the arts" for the community. Together, they did more to promote music, theatre, and creative pursuits than any other citizen in the town's history. To highlight their passion for the arts, they created and curated an impressive collection of Impressionist art that has become known as the renowned Fisher Impressionist Art Collection.

**Tallgrass Theatre Company  
presents *It's Only a Play***

**Sunday, September 22**

**2 p.m.**

Class delivery mode: IN PERSON

Location: Tallgrass Theatre, West Des Moines

Cost: \$35

Cap: 50

It's the opening night of *The Golden Egg* on Broadway, and the wealthy producer Julia Budder is throwing a lavish party in her lavish Manhattan townhouse. Downstairs, the celebrities are pouring in, but the real action is upstairs in the bedroom, where a group of insiders have staked themselves out to await the reviews. But don't worry, this play is sure to be the hit they have all been hoping for.

**Economic Roundtable**

**Tom Root**

**Wednesday, September 25, 10–11:30 a.m.**

**Monday, October 21, 2–3:30 p.m.**

**Monday, November 4, 2–3:30 p.m.**

**Wednesday, December 4, 10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

Ever since its earliest offering during the 2008 financial crisis, the Economic Roundtable has strived to better understand the tumultuous economic environment of the last 15 years. The Fall 2024 economic roundtable continues its mission with a focus on considering the potential for a future recession, the current state of the labor market, the impact of the Federal Reserve's efforts to stop inflation, and the increased political rhetoric in the run up to the presidential election. Please join us in discussing what are often conflicting economic signals and political rhetoric in a quest to better understand the current economic environment.

**Thomas Root** holds four degrees including a PhD in economics from the University of Kansas. He has been teaching in the primary area of finance in the College of Business and Public Administration at Drake since 1999. In addition to being an active member of the academic community, he maintains a close connection to the private sector through both consulting and the delivery of certificate programs taught to area business leaders through Drake's Center for Professional Studies. Root also holds a visiting professorship at Makerere University Business School (MUBS) in Uganda.

**Journaling to Heal**

**Billie Wade**

**Thursday, September 26**

**10 a.m.–12 p.m.**

**OR**

**2–4 p.m.**

*Times will be assigned to participants*

Class delivery mode: ZOOM

Cost: \$15

Cap: 25 per session

Do you think journaling isn't for you? Too hard? Too scary? Unsafe, even? *Journaling to Heal* will answer those questions and others. Journaling is a research-supported, inexpensive, accessible practice for self-awareness, problem solving, goal setting, and much more. This two-hour workshop will help you use journaling techniques on your life journey whether you have never opened a journal or have boxes of organized journal notebooks.

**Billie Wade**, BS, MS is a writer whose lifelong journaling experiences inspired her to create *Journaling to Heal* to help people healing from difficult situations and the vagaries of everyday life. She believes in the power of words and the ability of individuals to take part in their healing process. She holds a BS in Psychology and Human Services from Upper Iowa University, and an MS in rehabilitation administration from Drake University. Her background includes 21 years' experience in human resources (16 years in employee benefits and services), seven years' experience in the chemical dependency treatment field; and four years' experience as an editorial assistant.

**Iowa Architectural Foundation:  
East Village Public Art**

**Laura Porter**

**Thursday, September 26**

**5–6:30 p.m.**

Class delivery mode: IN PERSON

Meeting Location: Capital Square, 400 Locust

Cost: \$30

Cap: 30

Enjoy a stroll through the architecture of Des Moines' East Village while taking in public art maintained by the Greater Des Moines Public Art Foundation. Art highlights include *A Monumental Journey* by Kerry James Marshall and *Expansion* by Jun Kaneko. Architectural highlights include the Civic Center Historic District, City Beautiful Movement along the riverfront, the Riverwalk's public buildings, the revitalization of the Dilley Building, and new projects such as 111 East Grand Avenue. Attendees



will gain a new appreciation of the interplay between architecture and public art.

*This tour will launch from the atrium of Capital Square, 400 Locust St.*

This tour is offered by the **Iowa Architectural Foundation**, a nonprofit organization dedicated to inspiring the appreciation of architecture and design through adult enrichment and youth education programs.

## **Documentary and its Functions: Creating Propaganda, Serving Public Affairs, and Promoting Progressive Social Change**

**Jody Swilky**

**Fridays, September 27, October 4, 11  
10-11:30 a.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$45

Documentary film has served to create propaganda, educate the public, and promote progressive social change. We will view clips from propaganda films of the 1930s and 40s, such as *Why We Fight* and *Triumph of the Will*, and consider how this approach to “documentary” functions today through media such as Fox News. We will then turn to television’s public affair’s programming of the 1950s, such as CBS’s *See it Now*, a genre sustained today by the investigative reporting of PBS’s *Frontline*. Finally, watching film clips from the work of Errol Morris (*The Thin Blue Line*), Michael Moore (*Bowling for Columbine*), and Robert Greewald (*Outfoxed*), we will discuss how documentary film became a strategy for promoting progressive social reform.

**Jody Swilky** has written and co-produced documentary film, taught courses at Drake University and other schools focusing on the historical functions of documentary, and lectured on the film genre at several universities in the US and Mexico. He wrote and co-produced the award-winning documentary *A Little Salsa on the Prairie: The Changing Character of Perry, Iowa*, which has had over 50 public screenings, been featured at film festivals, and shown on Iowa Public Television. Professor Swilky has received grants from The National Endowment for the Humanities, Humanities Iowa, Iowa Arts Council, and the Bock Family Foundation.

## **Water Aerobics (7 sessions)**

**Darlene Strachan**

**Fridays, September 27, October 4, 11, 18, 25,  
November 1, 8**

**10-11 a.m.**

Class delivery mode: IN PERSON

Location: Bell Center Pool, Drake University

Cost: \$30

Class cap: 25

This 7-session class features stretching and dynamic exercises, music, games, dance, and volleyball. Bring a towel and your swimsuit. Exercise equipment such as water buoys and noodles are provided. You do not need to know how to swim to participate in this class. All fitness levels are welcome.

**Darlene Strachan’s** love for water aerobics started years ago as a participant. She has taught water aerobics at Genesis Health Club and OLLI at Drake. Darlene’s goal is for everyone to have fun while getting an energetic workout!

## **The Ratification of the Constitution**

**Bennett Smith**

**Friday, September 27**

**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

The ratification of the Constitution was at a time of profound debate between Federalists and Anti-Federalists as to the powers ascribed to the new national government the Constitution proposed relative to the existing state governments. It was also a unique process based upon special ratifying conventions of the people. This presentation will look at the nature of that debate and the compromises that eventually solved it and paved the way for the ratification of the Constitution. A recommended reading list and handout will be provided.

**Bennett Smith** is an instructor in history and political science at North Iowa Area Community College. He also instructs for various lifelong learning programs including the NIACC Lifelong Learning Institute; OLLI at ISU; OLLI at Drake; and the LIFE program at Rochester Community and Technical College in Rochester, Minnesota. He holds a Bachelor of Science degree in speech communication and a Master of Arts degree in history from Iowa State University. He has also done graduate work at the University of Iowa in Social Foundations of Education. He is from Clear Lake, IA, and currently serves on the Clear Lake City Council.

## Homecoming Football Game

**Saturday, September 28**

**TBD**

Class delivery mode: IN PERSON

Location: Drake Stadium

Cost: Tickets to be purchased at gate.

Join us to cheer on the Drake Bulldogs (2023 PFL champions) when they play San Diego in the Homecoming Football Game. Kickoff is TBD. Prior to the game OLLI members will meet with head coach, Todd Stepsis, for a preview of the game, and then will join the Drake Marching Band for a behind-the-scenes view of the rehearsal prior to the game.

Further details will be shared in the September OLLI newsletter.

## Murder at the Y: A Miranda

### Warning Violation?

**Brent Appel**

**Rob Blink**

**Steve Foritano**

**Monday, September 30**

**10-11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

A family outing on Christmas Eve tragically turned into the kidnapping and murder of ten-year-old Pamela Powers. The perpetrator fled to Davenport and then turned himself in to local authorities. Des Moines Police investigators agreed they would not question the subject until he consulted with his attorney, after their return to Des Moines. Sleet and ice hindered the return trip on Interstate 80. The lead detective emphasized that, "the parents of this little girl should be entitled to a Christian burial for the little girl who was snatched away from them on Christmas (E)ve and murdered." Was the agreement the police made with the attorney broached and his client's rights violated? The answer is ultimately provided by the US Supreme Court. Join us as the attorneys involved in the case retell the story.

Our three presenters (**Brent Appel, Rob Blink, and Steve Foritano**) as then part of the Polk County Attorney's Office's Criminal Division, prosecuted the Pamela Powers murder case in District Court, and continued to be involved as appeals worked their way through the criminal justice system, with the case ultimately heard and affirmed by the US Supreme Court. All three presenters currently serve as lecturers at Drake Law School.

## Beans, Greens and Fish Walk into a Kitchen ...

### Healthy Eating Series

**Dr. Patricia Quinlisk, Lisa LaValle**

**Mondays, September 30, October 7**

**12-1:30 p.m. LUNCH AND LEARN**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$40 (includes light lunch in both sessions)

Cap: 40

Dr. Patricia Quinlisk and Chef Lisa Lavalle are back to bring innovative ways to include three important food groups into our diets. Explore varied combinations of these nutritious power foods. Understand why they are essential to our long term brain and body function. Then, enjoy them in a light lunch prepared in class, with minimal cooking.

Dr. Patricia Quinlisk was the medical director and state epidemiologist at the Iowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects such as how to change behaviors to prevent dementia. Her background includes being a hospital clinical microbiologist, being a Peace Corps Volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

**Lisa LaValle** is the owner of Trellis at the Greater Des Moines Botanical Garden, and has for more than 30 years elevated fine dining experiences at her restaurants in Des Moines. Lisa's speciality is creating healthy, locally-sourced dishes and menus.

## Visit Des Moines' Downtown

### Historic Churches

**Christine Anders**

**Tuesdays, October 1, 8, 15, and**

**Thursday, October 24**

**9:30-11 a.m.**

Class delivery mode: IN PERSON

Location: see below

Cost: \$45

Cap: 50

Churches have been an important part of the fabric of our city for many years. This class will offer you the opportunity to visit four of downtown's historic churches. You will tour the buildings, learn some of their history and discover what they are doing in the community.

**St. Paul's Episcopal Cathedral – Tuesday, 10/1/24**

Address: 815 High St.

Tour Leader: John Zickefoose, Exec. Asst to the Dean

Parking: Metered parking on the street

Entrance: NE corner of Guild Hall (off the parking lot)

**St. Ambrose Cathedral – Tuesday, 10/8/24**

Address: 607 High St.

Tour Leader: Diane Dentlinger, Parishioner

Parking: Small parking lot on the north side of the church. Metered parking on the street

Entrance: You may enter the building through the front doors on High St. or through the handicap entrance on the east side of the church (6th Ave.)

**First United Methodist Church – Tuesday, 10/15/24**

Address: 1001 Pleasant St.

Tour Leader: Arnie Brown, Church Historian

Parking: Parking on the north side of the building.

Parking gates will be open

Entrance: Enter doors under the canopy

**St. John's Lutheran – Thursday, 10/24/24**

Address: 600 6th Ave.

Tour Leader:s Jacque Warming and Jim Bloome, Parishioners

Parking: Parking in lot on north side of the building

Entrance: Enter church at the office entrance by the courtyard

**Christine Anders** is the class coordinator. She served as the Minister of Discipleship for 13 years at First United Methodist Church. During that time, she served as the staff representative to the Bridge Board. The Bridge is a shared ministry organization, consisting of four downtown churches (St. Paul's Episcopal, St. John's Lutheran, St. Ambrose Cathedral, and First United Methodist), whose purpose is to enrich the lives of those working, living, or visiting downtown Des Moines by offering programs of spiritual formation and development, counseling, holistic health, and family support.

## Welcome to 1959 Jazz

**Abe Goldstien**

**Tuesdays, October 1, 8, 15, 22**

**2-3:30 p.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$45

The year 1959 saw the release of many pivotal jazz recordings including Miles Davis' *Kind of Blue*, Dave Brubeck's *Time Out*, John Coltrane's *Giant Steps*, Charles Mingus' *Ah Um*, Ornette Coleman's *The Shape*

*of Jazz To Come*, and several others. The session will explore these recordings and why 1959 was a transitional year in jazz.

**Abe Goldstien** is an educator, promoter, reviewer, and radio personality. Abe is often referred to as Des Moines' leading jazz advocate. Born in Rochester, NY, Abe has been a vital part of the jazz community in Des Moines since arriving at Drake in 1969. Since that time, he has owned a record store, promoted concerts, hosted radio shows, taught jazz history/appreciation courses, and written reviews. Having listened to and read about jazz since age eight, his knowledge and passion for jazz is contagious.

## A Little Bit of Probability: Or Why the Lottery is a Bad Investment Strategy

**Alexander Kleiner**

**Wednesdays, October 2, 9, 16, 23**

**10-11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

This course will cover basic discrete probability and its application to games of chance. Class will start with principles of counting: order and replacement. These ideas will be used to compute some probabilities, for example, the probability of rolling five of a kind in Yahtzee or hitting the Powerball jackpot. There will be no specific mathematics background assumed for participants in the course. Lectures will be directed towards those who have an interest in mathematics.

**Alexander Kleiner** has three degrees in Mathematics and 46+ years teaching at the university level. He has a PhD in Mathematics from Texas A&M and taught mathematics at Drake from 1969 to 2012. He has taught much of the material in this course multiple times, including units on this topic in the History of Mathematics course.

## **WesleyLife LUNCH & LEARN What's New at Drake with President Martin**

**President Marty Martin**

**Thursday, October 3**

**11:30 a.m.–1 p.m.**

Class delivery mode: IN PERSON

Location: WesleyLife Meals on Wheels Campus,  
3206 University Ave, Des Moines

Cost: \$15

Cap: 80

*Presentation and luncheon*

Join President Martin for an informative presentation and update on the state of Drake University. He will discuss the latest initiatives occurring at Drake. Participants will be invited to ask President Martin questions. This is an excellent opportunity for OLLI at Drake members to interact with President Martin in an informal setting.

**President Marty Martin** assumed leadership of Drake in July 2015, following a distinguished career as an Air Force officer, law professor, dean, and administrator at Texas Wesleyan and Gonzaga Universities. Raised in Hartford, Kentucky, President Martin received his bachelor's degree and a JD from the University of Kentucky, making him a fourth-generation attorney in his family. He earned an LLM from Yale University School of Law. President Martin is married to Laura Martin, and they have two sons, Cade and Case. Cade graduated from Drake in 2019, and Case graduated from Drake in 2021.

## **MOVIE EVENT – Varsity Cinema Snow White (1937)**

**Carl Johnson hosts discussion after movie**

**Thursday, October 3**

**2–4:30 p.m.**

Class delivery mode: IN PERSON

Location: Varsity Cinema

Cost: \$10

*(Optional Zoom presentation with Carl Johnson at  
9:30–10:30 a.m., Thursday, October 3)*

This was Walt Disney's first full-length animated feature film, released in 1937. The beauty of the hand-drawn cels is a credit to his vision and the talent of the artists he employed. It was nominated for an Academy Award in 1938 for Best Music, Score, a tradition that continues to this day. In 1939, Disney was presented with an Honorary Award: "For Snow White and the Seven Dwarfs, recognized as a significant screen innovation which has charmed millions and pioneered a great new

entertainment field." He was given one statuette and seven miniature ones.

## **Drake Theatre: *First Date* with presentation by Shayne Mims and Drake students**

**Thursday, October 3**

**6 p.m.**

Class delivery mode: IN PERSON

Location: Coleman Studio Theatre, Drake

Cost: \$30 (incl. wine and cheese reception)

Cap: 40

When two people who seem to have nothing in common are set up for their first date, blind date newbie Aaron is matched up with serial-dater Casey. Hilarity ensues as a casual drink at a busy New York restaurant turns into a high-stakes dinner. As the date unfolds in real time, the couple quickly finds that they are not alone on this unpredictable evening. Filled with fun and energetic songs that make up the contemporary rock score, *First Date* gleefully pokes fun at the mishaps and mistakes of blind dates and gives hope that there still could be that one perfect moment and perhaps that one perfect person for everyone.

**Shayne Mims**, Visiting Assistant Professor of Theatre comes to Drake originally from Dallas, Texas, but has managed to live coast to coast and many places in between over the last 15+ years as a professional actor. He completed his undergraduate degree from Adams State University in Colorado and is also a proud graduate of the Integrated Musical Theatre Program from the American Musical and Dramatic Academy in New York City.

## ***Fantasia Revisited***

**Carl Johnson**

**Fridays, October 4, 11, 18**

**1:30–4 p.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$45

In 1940, Walt Disney made a unique feature film combining classical music and animation. The result was *Fantasia*, a testament to the quality of hand-drawn animation at the Disney studio and the ability to offer live action with animation. Utilizing the Philadelphia Orchestra under the direction of legendary conductor Leopold Stokowski, with heralded music critic Deems Taylor as announcer, Disney's film was not received with the enthusiasm with which it was made. Eventually, it came to be considered a major achievement. In 1979,

nearly forty years later, the Italian director Bruno Bozetto created a film, *Allegro non Troppo*, that is an homage to the Disney classic. Humorous and brilliantly artistic, it similarly combines classical music with narration. In 2000, the Disney studio created its own sequel to the original film, *Fantasia 2000*, a worthy addition to the genre. This course will examine each film, make comparisons, and remind ourselves how imagination, creative talent, and technical skill can create unique art.

**Carl Johnson** received his undergraduate degree in music education and his teaching credential from UCLA, then spent 19 years teaching high school instrumental music in California. He moved to Urbandale in 1992 and received his master's degree in conducting from Drake University in 1994. He has taught classes in numerous adjunct and part-time capacities ever since. He is the music director/conductor of the Des Moines Community Orchestra, conducted annual musicals with the Urbandale Community Theatre, and is the assistant director of the Greater Des Moines Community Band.

## **Des Moines Community Orchestra Performance**

**Conductor Carl Johnson**

**Sunday, October 6**

**1–4 p.m.**

Class delivery mode: IN PERSON

Location: Levitt Hall and Sheslow Auditorium

Cost: FREE

**NO REGISTRATION NEEDED**

Please join our very own OLLI member, Carl Johnson as he conducts the Des Moines Community Orchestra – Beethoven's 3rd Piano Concerto and Rachmaninoff's 2nd. There will be a pre-performance presentation at Levitt Hall at 1 p.m., followed by the performance at 2 p.m. in Sheslow.

## **Iowa Families Living on the Edge**

**Kelli Soyer**

**Lisa Cushatt**

**Mondays, October 7, 14, 21**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

Identifying the challenges facing Iowa working families is important to understand the opportunities for policy and advocacy for the betterment of Iowa communities. Join Kelli Soyer and Lisa Cushatt for an interactive conversation to learn about Asset, Limited, Income-

Constrained, Employed (ALICE) individuals in Iowa and the effect of poverty and family challenges as it relates to trauma and Adverse Childhood Experiences (ACEs).

**Kelli Soyer**, LMSW, is the President/CEO for United Ways of Iowa. United Ways of Iowa supports local United Way organizations across Iowa. Kelli helps lead the association through their work to create a collective voice for communities across Iowa for the betterment of individuals and families.

**Lisa Cushatt**, LMSW, is the Executive Director for Iowa ACEs 360. ACEs 360 seeks to improve the health and well-being of all by empowering communities, organizations and people to take informed actions to prevent and mitigate the lifelong effects of childhood adversity.

## **Songs of Black America: hosted by CMA**

**Brandon Patrick George and Aaron Diehl**

**Tuesday, October 8**

**7:30–9:30 p.m.**

Class delivery mode: IN PERSON

Location: Sheslow Auditorium

Cost: \$30

Cap: 50

Civic Music Association (CMA) is proud to present 'Songs of Black America'.

Pianist **Aaron Diehl** returns to the CMA stage with GRAMMY-nominated flutist **Brandon Patrick George** as they seamlessly blend classical, traditional, and contemporary compositions by Black artists. Experience an exceptional night celebrating the rich tapestry of African American musical heritage.

## **POLITICS 2024: The Road to the White House**

**Dennis Goldford,**

**Tom Henderson, Doug Gross,**

**Dave Price, Brianne Pfannenstiel,**

**O. Kay Henderson, Douglas Burns**

**Wednesdays, October 9, 16, 23**

**2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

This may well be the most important election of our time. Is it a time of Affirmation or a time of Transformation? And so many issues impacting the outcome. Join us as a

political scientist, representatives of the media, and two experienced politicians share their views and insights. Affirmation or Transformation—November 5 may provide the answer!

**SESSION 1:**

**Dennis Goldford** just retired from Drake after 39 years on the faculty, teaching in the areas of political theory, American politics, and constitutional law. He received a BA in political science and philosophy from the University of Michigan, an MLitt in philosophy from Oxford University, and an MA and PhD in political science from the University of Chicago. Professor Goldford has presented classes to the Ray Society and OLLI for years, and now continues his writing as a member of the Iowa Writers' Collaborative ([dennisgoldford.substack.com](http://dennisgoldford.substack.com)) as well as his service as KCCI political analyst.

**SESSION 2**

**Douglas E. Gross** received his BA from Iowa Wesleyan College and his JD from Drake. He is a member of BrownWinick law firm. Doug has extensive campaign experience in Iowa, including involvement in numerous successful gubernatorial, congressional, and state legislative campaigns. Among other positions, he served as chief of staff to Governor Terry Branstad and administrative assistant to Governor Robert D. Ray.

**Tom Henderson** is a public administration and law graduate of Drake University. While at Drake he served as Student Body President. He practices law at Whitfield & Eddy Law Firm in Des Moines. He has specialized in civil trial practice, and has been peer selected to the American College of Trial Lawyers. He serves as the Grimes City Attorney. Through the Iowa State Bar Association, he served as President of the Young Lawyers Division, and is currently co-chair of the bar's political action committee, LawPAC. In the Democratic Party, he attended the 1996 and 2000 National Conventions as part of the Iowa Delegation, and served for 19 years as Polk County Democratic Chair.

**SESSION 3:**

**Dave Price** was a long-time WHO-TV news anchor, and host of *The Insiders*. He is a member of the Iowa Writer's Collaborative and writes a column devoted to issues and insights of interest to Iowans. He graduated from Southern Illinois University at Edwardsville and has a master's degree from University of Missouri-Columbia. He has earned a national Emmy, Edward R. Murrow, and dozens of state and regional awards for his reporting, and has authored three books.

**Brianne Pfannenstiel** is the chief political reporter for the *Des Moines Register*. She was a moderator for the 7th Democratic Debate in January 2020 with Wolf Blitzer and Abby Phillip. She has degrees in journalism

and Italian language and culture from the University of Kansas.

**O. Kay Henderson**, Radio Iowa News Director. Covering politicians was apparently Kay's destiny from day one. She was born on election day. Her parents were relieved their bundle of joy was "okay" considering the newborn's mom was 45 years old, so they named her "O. Kay." During her years at Iowa State University, Kay served as a statehouse correspondent for WOI-AM, the NPR affiliate in Ames. In 1987, Kay became one of the three founding members of the Radio Iowa network newsroom. In 1994, she became the network's news director.

**Douglas Burns** comes from a long line of Iowa newspaper publishers. His family has published papers in Carroll and Jefferson. Doug is a 4th generation Iowa journalist and currently writes under the bi-line Political Mercury as part of the Iowa Writers Collaborative. He writes about local, state and national politics.

**Trees as Herbs**

**Melissa Burdick**

**Thursday, October 10**

**10–11:30 a.m.**

**Class delivery mode: IN PERSON**

**Location: Brenton Arboretum, 25141 260th Street, Dallas Center**

**Cost: FREE**

**Cap: 50**

Join The Brenton Arboretum's Executive Director, Melissa Burdick, for a one-hour discovery of Trees as Herbs. Melissa will share the many benefits of trees and how they can be used in a variety of ways to benefit your life.

**Melissa Burdick** has been the Executive Director at The Brenton Arboretum in Dallas Center, Iowa, for seven years. Prior to this, she served as Director of Horticulture at Lauritzen Gardens in Omaha, Nebraska, for three years and as Curator of Herbaceous Collections at The Norfolk Botanical Garden in Virginia for eight years.

In addition to serving in roles at botanical gardens, Melissa has been a prolific garden communicator as a writer for State-by-State Gardening publications, writer and in-house horticulture expert for van Bourgondien Bulb Co., and as co-host of *Gardening Today* on Iowa's WHO Radio, AM 1040.

A native of Alabama, Melissa earned her bachelor's degree in landscape design from Auburn University and a master's in public horticulture administration from the Longwood Gardens Graduate Program at the University of Delaware.

## Strategy for Advanced Mah Jongg Players

**Margie Davidson**

**Thursdays, October 10, 17, 24, 31**

**2–4 p.m.**

Class delivery mode: IN PERSON

Location: Alumni House

Cost: \$45

Cap: 12 (not a Beginner class)

If you have played mah jongg regularly for at least two years and want to hone your skills and develop more effective offensive and defensive strategies, then this class is for you. We will start the class by analyzing together the new *2024 National Mah Jongg Card*. Then we will share our ideas, thoughts and strategies and discuss in detail each element of the game, starting with the Charleston through the beginning game, the mid game and the end game. Each class session will include discussion time and time to play. Our fourth session will be a no stress mini-tournament!

**This is NOT a beginning class.** Please bring your own *2024 National Mah Jongg League* card.

**Margie Davidson** spent her career in a variety of challenging and interesting jobs. She retired from Drake University in spring 2012 after 23 years (Director of Advising and Director of the Office of Student Records.) Always a gamer, Margie included in her retirement plans learning to play mah jongg which she began in a RaySociety class in 2012. Not to her surprise, she became enchanted with both playing and helping others learn the intricacies of the game. She has taught well over 200 people this fascinating game.

## Harvest on the Farm Heineman Family

**Sunday, October 13**

**1:30–4 p.m.**

Class delivery mode: IN PERSON

Location: HF Farms, Ogden, Iowa

Cost: \$10

Cap: 50

Experience the high pace bounty! An orchestrated dance with combines, grain carts, trucks, drying facilities, and storage. Also, learn how technology in the fall drives decisions for next year's crop. This class will include a presentation in the Heineman barn classroom, viewing all the different farm implements, and light afternoon refreshments. It's been more than 140 years since an industrious German immigrant traveled to America and established a small homestead in Boone County. Five generations have worked the land until today. HF Farms has grown to more than 10,000 acres under cultivation.

**Partners in HF Farms:** Paul Heineman (Mari Lynn); Andrew Heineman (Katy), Marcus Heineman (Leslie) Grant Heineman (Emily), Craig Heineman (Martha), Brett Heineman (Sarah). All have attended Iowa State University.

## Get Your Drake Library Card and Tour the Library Archives

**Tuesday, October 15**

**12:30–1:30 p.m.**

Class delivery mode: IN PERSON

Location: Cowles Library, Drake University

Cost: FREE

This informative tour of the Cowles Library gives OLLI members an overview of the collections at the Library, and a behind-the-scenes tour of the Drake Archives. Take advantage of this opportunity, as an OLLI at Drake member, to apply (or renew) your free Drake Library Card. Staff will be able to process your card application while you are visiting the Library. Be sure to bring your photo ID such as a driver's license or passport.

## Behind the Scenes with The Des Moines Storytellers' Project

**Kim Norvell**

**Wednesday, October 16**

**12–1 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

The Des Moines Storytellers Project believes everyone has a story and everyone can tell that story. Hear from Director of Content Kim Norvell as she explains the background of the Des Moines Register's community project, what makes a good story, and how interested Iowans can become storytellers. Come with questions for Kim to answer. See past shows before the presentation at [YouTube.com/DMRegister](https://www.youtube.com/DMRegister).

(Details for attendance at the upcoming Storytellers' Project can be found later in this catalog.)

**Kim Norvell** is the Register's communities editor, supervising reporters covering Des Moines and its suburbs. She also is the director of content for the Des Moines Storytellers Project, a community initiative in which Register journalists coach everyday Iowans to tell their stories live on stage. A native of Omaha, NE, Norvell graduated from Iowa State University and claims both great states as her home. Before joining the Register in 2015, Norvell spent five years as a reporter in St. Joseph, Missouri.

## **Pundits, Polls and Politics! The 2024 Election! - II**

**Doug Stowell**

**Thursday, October 17**

**9–11 a.m.**

Class delivery mode: ZOOM

Cost: \$15

*This class is offered in conjunction with Osher at William & Mary University.*

Election '24 is nearly here! It's time to get serious! The rhetoric, rants and retorts are rampant! Let's get up to date on the current better polls and discuss their influence. What "new" issues have come forward. How are voters ranking the issues now? Are the seven "swing" states still the key? Does the VP selection or the debates make any difference? We'll do five or six in-class polls of our own. And, yes! We will do our final prediction of the electoral results!

**Doug Stowell** is a consumer and political polling veteran in both US and EU Markets. His career includes Market Research Director for the Xerox Corp., US Clients Director for the UK firm NOP Ltd. in London and Senior Polling Executive for Wirthlin Worldwide in Washington, DC. He launched Market Resource Associates in 2008 and conducts opinion polls on US and global issues today. He is a member of the Furman University OLLI in Greenville, South Carolina, and conducts ZOOM programs for more than 80 groups nationwide.

## **WORLD OF BEERS: Across the World and Beyond**

**Nick Carstens**

**Thursdays, October 17, 24, 31**

**2:30–4 p.m.**

Class delivery mode: IN PERSON

Location: Gateway Market, Des Moines

Cost: \$60

Cap: 30

Some of us remember when beers available in Iowa meant Budweiser, Miller, Pabst and Hamm's. 'Exotic' beers included Coors, brought back in cans from Colorado and Anchor Stream, trucked back in trailers from San Francisco. My, how the world has changed! A wide variety and styles of beers are now readily available locally. And we're not even looking at the explosion of local Iowa brews. We're focusing on beers brewed in other states and in other countries. We will sample types and styles of Pilsners, IPA's, Stouts, Sours and even more—beers from across America and across oceans. Join us at Des Moines' Gateway Market as we explore the 'World of Beers'.

## **Murder Mystery Dinner – An OLLI Whodunnit!**

**Annelise Tarnowski, Tony Tandeski**

**Friday, October 18**

**6 p.m.**

Class delivery mode: IN PERSON

Location: Parents Hall, Olmsted, Drake

Cost: \$60 (*dinner included*)

Cap: 50

Join OLLI at Drake members for a lighthearted and intriguing evening at the inaugural OLLI Murder Mystery Dinner in Parents Hall. This unique OLLI 'mystery' is being created by Drake graduates, Annelise Tarnowski and Tony Tandeski, from the Rook Room. OLLI participants will be assigned a character when they arrive at the event.

**Annelise Tarnowski** (co-owner the Rook Room) works full-time at Iowa Public Radio on the membership team. She is passionate about community-building, whether it's recruiting volunteers or bringing friends together for a game night. A Twin Cities native, Annelise came to Des Moines to study journalism and sociology at Drake University.

**Tony Tandeski** (co-owner the Rook Room) is a former journalist turned digital marketer with a talent for SEO, data, user experience, and branding. He uses those talents while working full-time at DHI Group, Inc. as the Data Analytics & SEO Manager. A native Iowan, he attended Drake University and was recently honored as part of the 2023 class of the Des Moines Business Record's 'Forty Under 40'.

## **100 D-Days: The War Against the Rising Sun**

**Buck Beasom**

**Tuesdays, October 22, 29, November, 5, 12, 19  
9–11 a.m.**

Class delivery mode: ZOOM

Cost: \$45

*This class is offered in collaboration with Osher at William and Mary University.*

This course covers the War in the Pacific, with a particular focus on the air war.

We trace the development of Japan as a modern military power, its early triumphs in Asia and the South Pacific and how the Allies – particularly the US – turned the tide, mainly using air power launched from carriers or air bases captured during the "island hopping" campaigns of 1943-45. We conclude with the ultimate immolation of Japan under the weight of American



firebombing and – eventually – two atomic bombs. This course has extensive images, animated graphics and embedded video. Participants also receive an Aircraft Encyclopedia, “Cast of Characters,” note-taking grid, atlas and complete bibliography.

**Buck Beasom** teaches courses for OLLI chapters across the country. He has a two-track career that includes four decades in data management and applications development while he also taught courses in business, accounting and economics. He spent five years teaching history at the middle and high school levels. He holds a BS in management science, with additional majors in history and economics and an MBA in accounting.

## **The Storytellers’ Project “Overcoming”**

**Tuesday, October 22**

**7-8:30 p.m.**

Class delivery mode: IN PERSON

Location: Hoyt Sherman Place

Cost: \$20

Cap: 40

Come see the Des Moines Storytellers Project’s show ‘Overcoming’ at 7 p.m. October 22 at Hoyt Sherman Place. OLLI at Drake members will have reserved seating in the balcony.

Five everyday lowans will share their stories live on stage and without notes. They are coached by *Des Moines Register* journalists to tell their true, first-person stories centered around the theme.

## **Book Discussion of Together: The Healing Power of Human Connection in a Sometimes Lonely World by**

**Dr. Vivek H. Murthy**

**June Johnson**

**Friday, October 25**

**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

How important are social connections and relationships to our mental health? Why are we in what Dr. Murthy describes as a crisis of loneliness? We will discuss the reasons for our loneliness in open discussion and as outlined by Dr. Murthy, the Surgeon General of the United States, and proposed solutions to this crisis. It is

recommended that you have read the book prior to the class.

**June Johnson** is a retired Professor of Pharmacy Practice from Drake University, an avid reader, and a health care professional committed to improving people’s health. She has been a licensed pharmacist since 1978, and served as faculty member of the Drake University College of Pharmacy & Health Sciences from 1995 until 2017. June has been an active volunteer with OLLI at Drake since her retirement in July, 2017.

## **ACCOMPLISHED BUT INSUFFICIENTLY PRAISED: Four People Who Deserve to be More Widely Known**

**Roy Behrens**

**Monday, October 28**

**Wednesdays, November 6, 13, 20**

**10-11:30 a.m.**

Class delivery mode: ZOOM

Cost: \$45

This is a series of richly illustrated talks about four people whose achievements were exemplary, yet too often go unmentioned. Each talk in the series will provide an overview of the life of one of those individuals, two of whom are men, while two are women. Three of them had Iowa connections. The achievements of all four were art-related, but they were unusually open to working across established disciplines, both art and science.

The subjects in the series are: (1) German-born Bauhaus-trained Master Potter **Marguerite (Friedlander) Wildenhain** (1896-1985), who fled to Holland with the rise of the Nazis, then emigrated to the US, and settled in Northern California. She established Pond Farm School, and became an influential figure in American studio pottery. (2) New Hampshire artist and naturalist **Abbott Handerson Thayer** (1849-1921), who depicted women as winged angels, researched form in nature, and collaborated with his son on a major pioneering book about protective coloration in animals. (3) **Everett Longley Warner** (1877-1963), an American Impressionist artist who was born in Vinton IA. He was descended from Dakota Territory missionaries, studied art in Europe, and supervised production of disruptive (or “dazzle”) ship camouflage for the US Navy during both world wars. (4) **Frances (Franc) Johnson Newcomb** (1887-1970) was a Wisconsin-born self-trained anthropologist, who was the wife of the owner (from Manchester IA) of a trading post on the Navajo reservation (at Newcomb NM) near the Four Corners in New Mexico. She and her family lived among the Native Americans for more than two decades, during which she studied their ceremonial

sand paintings, which she documented pictorially and published several books about. She also helped to establish the Wheelwright Museum of the American Indian in Santa Fe.

**Roy R. Behrens** (b. 1946) is a graphic designer, author, and design historian who taught for more than 45 years at American art schools and universities. A selection of his essays, books, artworks, and online video talks can be found at <https://northerniowa.academia.edu/RoyBehrens>

## Behind the Scenes of Team USA

### Part 2: Post Paris Future Stars

**Blake Boldon**

**Monday, October 28**

**2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

Franklin P. Johnson Director of the Drake Relays, Blake Boldon, again joined Team USA at a major World Championship, this time in Lima, Peru with the Under 20 team. After joining Team USA in Budapest, Hungary and Riga, Latvia in 2023, learn about the differences and similarities between these major championships and what it is like to travel with a full team of teenagers to a country with a Level 2 Travel Advisory from the US State Department.

**Blake Boldon** was named the 12th Franklin P. Johnson Director of the Drake Relays in October, 2016. Entering his eighth year in this role, he also serves as a Senior Associate Athletic Director at Drake University. Under his leadership, the Drake Relays have become a cornerstone of the World Athletics Continental Tour in North America while also forging community partnerships with organizations like Adaptive Sports Iowa, Special Olympics Iowa and others. In 2023, Boldon was an event manager for Team USA at the World Athletics Championships in Budapest, Hungary and the Men’s Coach at the World Athletics Road Running Championships in Riga, Latvia. He currently serves as the Chair of the NCAA Track and Field and Cross Country Committee, the Chair of Men’s Long Distance Running for USATF and on the board of directors for the Iowa Sports Foundation. Prior to arriving at Drake, Boldon spent five years as the Executive Director of the Indianapolis Monumental Marathon, following a successful stint as a collegiate coach, including roles at Iowa State, University of Alabama Birmingham and the University of Pennsylvania. In 2007, Boldon became the third Iowa native to break the 4:00 barrier for the mile.

## Amplifying Poetry in Our Community

**Karen Downing**

**Tuesday, October 29**

**2–3:30p.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$15

Cap: 20

In this course, we will learn about the history of poetry festivals in Des Moines and get a sneak preview of the 2025 Poetry Palooza line up. We will do close readings of poetry by featured Palooza poet Ross Gay from his book, *Catalog of Unabashed Gratitude*. This class is meant for anyone who loves words and who enjoys seeing different perspectives.

**Karen Downing** is a retired English teacher who taught for 34 years at Valley High School. She has an MFA from the University of Iowa in Creative Nonfiction. She is the Project Coordinator for CultureALL’s Open Book program and is a Poetry Palooza board member.

## Exploring Kellogg and Grinnell Iowa

**Bill Sherman**

**Wednesday, October 30**

**9:45 a.m.–4 p.m.**

Class delivery mode: IN PERSON

Location: TBA

Cost: \$45 (lunch included)

Cap: 40 (self drive, members can carpool)

Our day will start at 9:45 a.m. at the Kellogg Historical Center with a wall mural painted on the outside of the building. We will visit a restored church, one-room school and a historic appliance store with a Maytag washer and dryer which are no longer being made.

From there, the group will drive to the Hotel Grinnell, located at 925 Park Street in downtown Grinnell. The hotel was originally the old Grinnell Jr/Sr High School building and is now a wonderful luxurious hotel. OLLI members will be able to tour Hotel Grinnell and see how various former classrooms such as the chemistry lab have been converted into comfortable hotel rooms. Lunch will be at The Periodic Table restaurant within the hotel.

While in Grinnell, we will visit the old Stewart Library, which has been converted into a regional art center. Other buildings we will plan to visit include the Louis Sullivan Jewel Box Bank Building. This bank building

was designed by a Frank Lloyd Wright's mentor, Louis Sullivan.

Our guide, **Bill Sherman**, grew up in the Grinnell area and graduated from Grinnell High School – the building that has been converted into Hotel Grinnell and he has many more locations to visit, including some buildings on the Grinnell College campus.

## Art and Inclusion at Easter

### Lake: Bike Ride

**Missy Smith and Devon Boes**

**Thursday, October 31**

**9:30–11:30 a.m.**

Class delivery mode: IN PERSON

Location: Easter Lake

Cost: FREE

Cap: 20

*Participants will be required to ride their own bikes.*

We will take a bike ride around Easter Lake on the Mark C. Ackelson Trail to learn about the park's new public art pieces. Each piece, the artist, medium, and concept will be discussed as a knowledgeable guide leads you through the beautiful sculpture trail. Our final destination will be the Athene North Shore Recreation Area, where accessibility and inclusivity are the primary focus.

**Missy Smith** is the Nature Center Coordinator and Public Art Chair for Polk County Conservation.

**Devon Boes**, OTD, OTR/L is the Program and Outreach Coordinator at the Athene North Shore Recreation Area at Easter Lake Park.

## 1950s Rural America

**Jackie Pfeiffer McGregor**

**Janine Pfeiffer Knop**

**Fridays, November 1, 8**

**2–3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This history of rural 1950s America is a rich remembrance of a lovingly recalled portrait of a family, a farm, a town and a decade. Along with the authors' voices, the book's personified windmill speaks as the sage observer of time. "Windmill" is not only a personal history but also relates the changes in communication, electronics, medicine, and farming technology which positively impacted the lives in rural America in the 1950s. Audience participation welcomed.

The **Pfeiffer sisters (Jackie and Janine)** are both graduates of North Dakota State University. Their story personally reflects the events of that decade as they grew up on a North Dakota farm in the 1950s.

Presently, world traveler and adventurer **Jackie** lives near Colville, WA, with husband, Bob. The two retirees spend much of their time volunteering and enjoying the outdoor activities of hiking and kayaking in northeastern Washington. Two married daughters and four grandchildren complete their family.

Entrepreneur **Janine** and husband, Fred, farmed for 50 years near Atlantic, IA, where they also bred and raised award-winning sheep. Many of Janine's days start in her bakery, the hub of her local and online business, Miss NiNi's Fine Desserts. Two married daughters and four grandchildren complete their family.

## Telling Your Stories: The Five-Minute Memoir

**Lori Blachford**

**Mondays, November 4, 11**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

In this course, we will explore the 5-minute memoir (that's 5 minutes to read it, not 5 minutes to write it!). Students will come away with a better understanding of the format and a list of stories they want to tell (and why). We'll also consider the impact of audio and video as part of our storytelling toolbox, with suggestions for software and equipment that can help. Each student will finish the course with at least one 5-minute memoir and the courage to do more on their own. Everyone has a story to tell, so let's do it!

**Lori Blachford** uses her words these days primarily in support of local nonprofits that support disability services, arts and culture, diversity and inclusion, and higher education. Lori is the former Chair of Magazine Journalism at Drake University, and is a storyteller with experience creating content for just about every platform: newspapers, magazines, books, grants, marketing, promotion, academic research, social media, video, audio, scripts, etc. She reads with a fifth-grader every Tuesday as part of the United Way's Power Read program. There's no better reminder of the power of storytelling.

## Tracing the Threads of the Tapestry: Living Blind in a Sighted World and From the Midwest to the Middle East – Part 2

**Sylvia Nemmers**

**Tuesdays, November 5, 12**

**2–3:30 p.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$30

Cap: 60

Sylvia Nemmers returns with more presentations/conversations on her life experiences growing up blind in Iowa and exploration and experiences living in the Muslim world.

### SESSION 1: From Christianity to Islam and Beyond

In this gathering, I will share my experiences growing up in a Catholic family, attending Catholic schools, my conversion to Islam, and life as a practicing Muslim for nearly 30 years. We will dispel some myths and connect some dots. This will not be Islam 101, but a peek behind the curtain and under the veil. Bring your curiosity and questions so this time can best be used to address the topics about which you want to learn more.

### SESSION 2: From Conservation to Abundance – Environmental Lessons from Various Cultures

In this gathering, I will bring into focus my education and career experience. I am a Professor and Department Chair of Environmental Science at the largest conferrer of environmental science degrees in the US. My experiences in all the places I have lived have shown me how overconsumption and disregard for sustainability and environmental health can lead to disturbing outcomes. These experiences have also given me glimpses into how poverty and necessity can lead to creative solutions. I will also introduce my latest passion project relating to soil, environmental health and end-of-life choices.

**Sylvia Nemmers** earned her BS and MS in biochemistry from Kansas State University and her PhD in environmental science from New Mexico State University. She is the Department Chair for Environmental Science at American Military University. She has lived in Greece, Jordan, Pakistan and Saudi Arabia – oh, and she is blind.

## MOVIE EVENT – Varsity Cinema *To Kill a Mockingbird* (1962)

**Carl Johnson hosts discussion after movie**

**Thursday, November 7**

**2–4:30 p.m.**

Class delivery mode: IN PERSON

Location: Varsity Cinema

Cost: \$10

*(Optional Zoom presentation with Carl Johnson at 9:30–10:30 a.m., Thursday, November 7)*

Harper Lee's 1960 book is considered one of America's greatest novels. In a testament to its popularity, it was brought to the screen almost immediately in 1962. Told from the viewpoint of the young girl Scout Finch, Gregory Peck embodies Atticus, her highly principled father. The film features the debut of Robert Duvall after many TV appearances. Filmed in atmospheric black and white, the story still produces powerful emotional responses even after more than 60 years!

## Drake Jazz Ensemble Concert and Reception

**Andrew Classen**

**Friday, November 8**

**6–8:30 p.m.**

Class delivery mode: IN PERSON

Location: Turner Jazz Center

Cost: \$30 (incl. wine and cheese reception)

Limit: 60

Join OLLI members for a Drake Jazz Ensemble performance led by Drake professor Andrew Classen at the Turner Jazz Center. There will be a wine and cheese reception prior to the performance.

**Andrew Classen** is Professor of Trumpet and Jazz Studies at Drake University. He is currently principal trumpet with Orchestra Iowa. He has played with numerous Broadway shows including: *Wicked*, *Spamalot*, *Book of Mormon*, *Hairspray*, *Annie*, *Little Shop of Horrors*, *The Producers*, *Chicago* (solo trumpet), *The Full Monty*, *42nd Street*, and *Thoroughly Modern Millie*. Andrew Classen became the inaugural holder of the Fred and Patty Turner Professorship in Jazz, thanks to a \$1 million gift from Drake alumnus Fred Turner. He is the leader of the Turner Center Jazz Orchestra. Their first album is *Class 'n Jazz: The Music of Andy Classen*. He received a bachelor in music education degree from the University of Wisconsin Eau-Claire and a master of music degree in trumpet performance from the University of Tennessee.

## The Traditions and Ceremonies of Japanese Culture

**Yoko Tanaka**

**Mondays, November 11, 18, 25**

**2–3:30 p.m.**

Class delivery mode: IN PERSON

Location: Franklin Junior High, Des Moines

Cost: \$45

Cap: 40

This course will provide an overview of Japanese culture. It will be divided into three sessions presenting the Tea Ceremony, the background and regimen of dressing in a kimono, the music of Japan, and the significance of origami. These will be offered in person in order to take full advantage of immersion possibilities.

**SESSION 1:** This session will present the class with the story behind the tea ceremony, the philosophy of it, and the experience of the protocols involved in both making and receiving the tea. *(Please note: participants will not be drinking tea, as this session is to observe the cultural ceremony of traditional Japanese tea preparation.)*

**SESSION 2:** The proper way to wear a kimono and the meaning behind its various parts will be shown by properly dressing up a model.

**SESSION 3:** Traditional music of Japan will be presented. The Japanese musical scale will be explained and samples of music will be heard. The class will get to see and hear a Taisho koto, a 20th century invention drawing on the koto, a traditional stringed instrument that is one of the most prominent in Japanese music. If possible, the class will also get the opportunity to be shown how to do origami. Three important points in doing origami will be discussed, as well as how it involves experimenting with two-dimensional paper in three dimensions.

**Yoko Tanaka** is the Executive Director of Japan American Society of Iowa (JASI). As a CultureAll Ambassador, she has been sharing her culture with participants of all ages since 2005. A Japanese interpreter, musician, performer, and artist, Yoko practices “ichigo ichie” or cherish every moment since it will never recur. She recognizes that each instant is important and should not be wasted. She also values the care for others. In her free time, Yoko loves playing musical instruments.

## Climate Change: How Do We Know It Is Caused By Humans and What Can We Do To Keep Up

**Chris Gloninger**

**Wednesdays, November 13, 20**

**2–3:30 p.m.**

Class delivery mode: ZOOM

Cost: \$30

Atmospheric and Climate Scientists have more data to prove that humans are influencing climate change than medical doctors have that smoking causes cancer. This course looks at the human impacts, how the weather is changing and the steps to take in order to build a resilient future. We will discuss attribution science, how scientists are able to connect the dots between extreme weather and climate change.

**Chris Gloninger** is a meteorologist with extensive experience in broadcasting. For nearly 20 years, he has worked at television stations across the country, including at KCCI-TV in Des Moines as chief meteorologist and at NBC Boston. Currently, he works on climate solutions and communication as a Senior Climate Scientist at Woods Hole Group on Cape Cod in Massachusetts. He has a BS in Atmospheric and Climate Science and an MS Emergency Management (focused on climate mitigation and adaptation).

## CLANDESTINE – The Times and Secret Life of Mariah Otey Reddick: A Saga of Resistance and Resilience

**Damani and Ife Keene**

**Thursday, November 14**

**10–11:30 a.m.**

Class delivery mode: ZOOM

Cost: \$15

Have Black lives ever mattered? They always have to the African/Black people living them. In bondage. In struggle. In freedom. Feel their joy, their commitment to family. Feel their love, their pain. Feel their struggle and triumph. Experience their secret lives of resistance, espionage and escape.

Based on documented history and inspired by the life of the author’s once-enslaved great-grandmother Mariah, this book will enthrall you and plunge you into an avalanche of emotions.

*CLANDESTINE – The Times and Secret Life of Mariah Otey Reddick* places the reader’s experience in a broader context – that of the recent extraordinary world-wide movement. That movement has awakened in many a vision of a world of equal justice for all – no matter our skin color or economic status.

**Bill ‘Damani’ Keene’s** early years were spent in Harlem, NY living in a small apartment with his parents before moving to St. Albans in Queens. He was active in civil rights protests in New York and then attended Howard University in Washington, DC.

Contributing Author **Carole “Ife” Keene**, born in Tennessee and raised in New Jersey, rose to Vice President in the information systems industry. She is the author of two previous novels.

## **Raptors of Iowa**

**Patrice Petersen-Keys**

**Thursday, November 14**

**2–3:30 p.m.**

Class delivery mode: IN PERSON

Location: Jester Park Nature Center, Granger

Cost: FREE

Cap: 75

Animals around the world make some amazing migrations that take them across thousands of miles and through some of the harshest conditions on Earth. Come and learn about several of these species and how their journeys are true stories of survival. Focus will be brought to climate change issues that not only disrupt these migration patterns, but also threaten many species to extinction.

**Patrice Petersen-Keys** has worked for Polk County Conservation for the past 30 years and has been environmental education coordinator since 1998. Patrice supervises the education staff and the Youth Corps program. She still loves speaking to the public about Iowa’s diverse natural resources and encourages them to play outside.

## **ANDERSON GALLERY EVENT**

### **Acts of Projection: Magic Lantern Shows and the US Civil War**

**Lilah Anderson and Drake students**

**Thursday, November 14**

**5–6:30 p.m.**

Class delivery mode: IN PERSON

Location: Anderson Gallery, Drake University

Cost: \$15 (incl. light refreshments reception)

Cap: 35

During the US. Civil War, the Northern public had a surprising outlet for processing traumatic events: magic lantern shows. These multi-media spectacles were built around the projection of colorful designs in darkened theaters and assembly rooms. Such displays were

accompanied by sound: music, narration, or other audio effects. While nineteenth-century magic lantern shows often featured famous works of art, travel narratives, or stories from the Christian Bible, they also began to present war-related imagery after the outbreak of conflict in 1861. Acts of Projection encompasses both the material artifacts of lantern shows – hand-painted slides and period projectors – as well as actual projections to simulate the original viewing experience. This session will offer a tour of the exhibition, including hearing from Drake students who acted as its co-curators.

**Lilah Anderson** has served as the Anderson Gallery Exhibitions and Community Engagement Manager at Drake University since October 2021. In her role, she directs the Gallery, works with faculty, students and artists to curate exhibitions, and develops programming and outreach. Lilah has curated and collaborated on exhibitions on a range of topics as well as produced countless programs. She strives to foster community and cultivate cross-disciplinary engagement in art spaces. She earned her MS in History of Art, Theory and Display from the University of Edinburgh and her BA from Bard College with a double major in Art History and Biology.

## **Immigration Uncovered: Tracing Our Past, Understanding Our Present, and Anticipating the Future**

**Jody Mashek**

**Fridays, November 15, 22 and**

**Monday, November 18**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$45

Join Iowa Migrant Movement for Justice in an overview and discussion of the history of immigration in the United States, the current realities of a broken system, and what you can do to advocate for new Iowans.

**Jody Mashek** has been providing immigration legal services as a Department of Justice Accredited Representative for fifteen years. She spent several years living and working in Managua, Nicaragua, and upon returning to her home state of Iowa, became involved in many social justice issues, particularly those pertaining to immigration in Des Moines and throughout the state. Jody holds a BA in International Relations and Spanish Language and Literature from Marquette University in Milwaukee, WI.

## **Dementia Prevention: UPDATED**

**Dr. Patricia Quinlisk**

**Fridays, November 15, 22**

**2–4 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

The risk of developing dementia can be reduced; in fact, it's estimated that about 40% of all cases of dementia/Alzheimer's Disease can be prevented. During these two classes, you will learn the details about what YOU can do to lower your risk, even if you think you might be carrying the dementia gene! It's not easy to make lifestyle changes, but now is the time to start (and these changes will help you to be healthier overall – not only your brain will be healthier, so will your heart and lungs, and body!)

**Dr. Patricia Quinlisk** was the Medical Director and State Epidemiologist at the Iowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects such as how to change behaviors to prevent dementia. Her background includes being a hospital clinical microbiologist, being a Peace Corps Volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

## **Lunch at Hugo's Wood-Fired Kitchen**

**Tuesday, November 19**

**11:30 a.m.**

Class delivery mode: IN PERSON

Location: 3206 University Ave, Des Moines

Cost: \$30

Cap: 40

Join OLLI members for a delicious lunch experience at Hugo's Wood-Fired Kitchen in the new WesleyLife 'Meals on Wheels' Building. Dining will be inside the restaurant. Menu options will be sent to participants closer to the date of the luncheon.

## **Ageless Strength: Functional Fitness for Life**

**CrossFit Valley Junction**

**Monday, November 25**

**10:30 a.m.–12 p.m.**

Class delivery mode: IN PERSON

Location: 221 SW 63rd St, Des Moines, IA 50312

Cost: \$15

Cap: 25

Unleash your inner athlete and dive into the exhilarating world of functional fitness. Designed with OLLI members

in mind, learn how improving everyday movements makes you stronger, more agile, and brimming with energy, making daily activities a breeze.

## **The River Knows: How Water and Land Will Shape Our Future**

**Neil Hamilton**

**Tuesday, November 26**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

A provocative discussion of the issues raised in the instructor's book about water quality in Iowa and why it is getting worse.

It is recommended that participants read the book, *The River Knows: How Water and Land Will Shape Our Future*. The book is available at metro libraries and also Beaverdale Books and Ice Cube Press.

**Neil Hamilton** is the founding former Director of the Drake Agricultural Law Center and Professor Emeritus of Law. His areas of expertise are: Agricultural Law, Land Use, Legislation, Food and the Law, Environmental Regulation of Agriculture, and Wind Law. He has a JD – University of Iowa, *Order of the Coif*, and BS – Iowa State University (with honors and distinction).

## **A Recap of Our New Book Woodland Cemetery in Des Moines: A History**

**Mary Christopher**

**Mike Rowley**

**Tuesday, November 26**

**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

The authors of *Woodland Cemetery in Des Moines: A History* will discuss their new book which features the decades-old Woodland Cemetery Historical Tour and also offers five new self-guided tours. Maps and many photographs (some never seen before) are included.

**Mary Christopher** is a fifth-generation Iowan, a Drake University alumna, a former Younkers buyer, and the author of *Our Friend Sitting Bull: The True Story of a Pioneer Couple's Friendship with the Famous Lakota Chief*. She is a taphophile (cemetery aficionado) who was sparked with the idea of this book as she walked her dog in Woodland Cemetery during the COVID-19 pandemic and wished that the cemetery had a good guide book.

**Mike Rowley** is a Des Moines native and cemetery historian, with six generations of his family buried at local cemeteries. Mike, along with his son, Tim, and volunteer Bob Niffenegger, has installed more than 200 veteran stones at Woodland. Mike served six years as a Cemetery Advisory Committee member and is a member of more than 30 organizations relating to veterans' causes. Every December, Mike is also involved with Wreaths Across America, coordinating the placement of wreaths on graves in military cemeteries.

## The History of Broadlawns

**Jean Logan**

**Monday, December 2**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

This presentation focuses on the recently published book *Broadlawns: A Century of Caring*. In what is believed to be the first comprehensive book about the healthcare facility, it documents the rich history and curated stories that illuminate Broadlawns over the course of the last century, from 1924 to 2024. The medical center has persisted through the worst of times and the best of times, tending to the people of Polk County, Iowa. Originally established as a tuberculosis hospital, today it has transformed into a facility that comprehensively meets peoples' healthcare needs by providing access to high quality care at lower financial costs. Come discover how Broadlawns was able to survive hard times and emerge as one of the best public hospitals in the nation.

**Jean Logan** is a nurse, a researcher and an educator who, as an elected official served two six-year terms on the Broadlawns Board of Trustees. During her tenure on the board, she was twice elected chairperson. Dr. Logan holds a PhD from Iowa State University, and she was a Professor of Nursing at Grand View University for many years. While she was a faculty member she helped design the Caring Curriculum, which influenced the title of the book.

## Reinventing America: Myths/ Lies in American History

**John Liepa**

**Mondays, December 2, 9, 16**

**2–3:30 p.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute or Zoom

Cost: \$45

Famously, in 2017, defending White House Press Secretary Sean Spicer's lie about attendance at Donald Trump's Inauguration, Kellyanne Conway stated that Spicer was

giving "alternative facts." What are "alternative facts?" Have myths and lies become so ingrained in our understanding of history that we refuse to see the real truth? Why do we persist in perpetuating them? Is it patriotism, ignorance, or a threat to democracy? We'll explore all these possibilities by looking at myths from pre-European America to the present.

**John Liepa** is an emeritus professor of history and political science at DMACC with BS (1968) and MA (1971) degrees from Iowa State University. He taught courses in U.S. and Iowa History, American National Government, Western Civilizations, and for the last 10 years (since retirement) a course on "Iowa's Ethnic Heritage" for the Senior College of Greater Des Moines and OLLI at Drake.

## MAsters of MODernism: MAnet/ MOnet

**Natalie Benson**

**Tuesday, December 3**

**10–11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

A single vowel separates the names of two of the most recognized masters from the time of French Impressionism, Manet and Monet. The two knew each other well and influenced one another to the point that in some works it is difficult to distinguish which artist painted which artwork. Learn more about the two artists, their similarities, their differences, and how each set the art world on its proverbial ear.

**Natalie Benson** received an Interdisciplinary PhD at the University of Iowa in Modern French Art and Literature. Her research interests include nineteenth- and twentieth-century French painters' book projects, modern art, literature, and culture in France, and the study of the book. She has taught art history, art appreciation, French literature and language, and courses on French history and culture at universities in the United States as well as abroad, including the University of Iowa, the Université de Poitiers, France, and Kirkwood Community College. Benson has also worked as the assistant director of the Gallery at Lincoln Center, New York, and as an art auctioneer on cruise ships worldwide.



## **I'm Not Listening: Communicating in a Politically Fractured World**

**Jennifer Konfrst**

**Tuesdays, December 3, 10**

**2-3:30 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

In many ways, our country and our state are more politically divided than ever. Many folks have decided to just disengage from the political process altogether. At the same time, political decisions affect peoples' lives in important ways and engaging in the process is critical. How can communicators – from nonprofit organizations, corporations, politics, and government – break through the clutter and frustration to communicate with people to affect change? We'll discuss research about how lowans feel about politics and identify ways to break through, regardless of what side of the aisle you're on.

**Jennifer Glover Konfrst** is an associate professor at Drake University, teaching public relations and political communication. Before her time at Drake, Jennifer worked in communications at Iowa PBS and in corporate and agency PR. She also serves as a state representative from Windsor Heights, Clive, and West Des Moines, and as the Iowa House Minority Leader.

## **WesleyLife LUNCH & LEARN Hydroponic Farming to Support Food Insecurity**

**Aaron Thormodsen**

**Thursday, December 5**

**11:30 a.m.-1 p.m.**

Class delivery mode: IN PERSON

Location: WesleyLife Meals on Wheels Campus, 3206 University Ave, Des Moines

Cost: \$30

Cap: 80

*Lecture and luncheon to enjoy the greens from the garden. Self-guided tour following the presentation*

Learn about how nonprofit WesleyLife is investing in fresh locally-grown greens for our community with a new Hydroponic Farm. You'll learn the basics of hydroponic farming, hear about the advantages and challenges, and how the 3,000 square foot farm operates. Learn how these greens are making their way onto plates of those most at risk in our community and how you can get involved. The lecture will end with a self-guided tour.

**Aaron Thormodsen** has a BS in plant science and has been involved in controlled environment agriculture for eight years. His experience spans a variety of growing methods including aquaponics, hydroponics, indoor and greenhouse growing with focuses in farm to school, food security, and education.

## **MOVIE EVENT – Varsity Cinema Harvey (1950)**

**Carl Johnson hosts discussion after movie**

**Thursday, December 5**

**2-4:30 p.m.**

Class delivery mode: IN PERSON

Location: Varsity Cinema

Cost: \$10

*(Optional Zoom presentation with Carl Johnson at 9:30-10:30 a.m., Thursday, December 5)*

The 1944 play *Harvey* won the Pulitzer Prize for Drama in 1945. One of the six actors to play Elwood P. Dowd during its 4-year run was James Stewart, who reprised the role in a revival in 1970. When it was made into a film in 1950, Stewart was cast in the lead and was nominated for Best Actor in a Leading Role. Josephine Hull, who played Dowd's sister on Broadway, won the Academy Award for Best Actress in a Supporting Role for recreating that part in the film. There is much question as to whether Elwood's invisible 6-foot-tall white rabbit friend is real or imaginary. Watch this wonderful comedy and see what *you* think!

## **Aging with Style: Improving Your Aging IQ**

**Jennifer Margrett**

**Friday, December 6**

**10-11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

Join our interactive discussion of aging myths, stereotypes, and opportunities.

**Jennifer Margrett** is a Professor of Human Development and Family Studies and Associate Dean for Research and Graduate Education in the College of Human Sciences at Iowa State University. Jennifer is a fellow of the American Psychological Association and Gerontological Society of America, and her research focuses on improving how adults develop and age, with emphasis on cognitive and daily activities. She is currently leading a study, funded by the National Institutes of Health, that examines how romantic partners manage everyday tasks.

## **Tallgrass Theatre Company Home for the Holidays: A Christmas Cabaret**

**Sunday, December 8**

**2 p.m.**

Class delivery mode: IN PERSON

Location: Tallgrass Theatre, West Des Moines

Cost: \$35

Cap: 40

The A Sisters are back for an evening of holiday songs, fun, and a few surprises! Join your fellow OLLI members at this fun holiday concert at the Tallgrass Theatre in West Des Moines.

Following the performance, OLLI at Drake members will be invited to do a behind-the-scenes tour of the theatre and meet performers.

## **The Forrest Gump of Iowa ... Continued**

**Ambassador Kenneth Quinn**

**Monday, December 9**

**10 a.m.–12 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$15

Ambassador Kenneth Quinn, having been given this title by the publisher of the *Des Moines Register*, will recount many of the experiences during his career when, however improbable, he ended up participating in historic events. From seeing Babe Ruth in his uniform at Yankee Stadium, witnessing Richard Nixon resign the presidency at the White House, and being present at the fall of Saigon; to his being shot at in Gaza, singing Danny Boy with Sir Paul McCartney at the Nobel Peace Prize and meeting with Xi Jinping in San Francisco last November. Just like Forrest Gump the movie character, Ambassador Quinn, the former Iowa diplomat and President Emeritus of the World Food Prize, somehow keeps showing up.

**Ambassador Kenneth Quinn** is a graduate of Loras College in Dubuque, holds a master's degree in Political Science from Marquette University and a PhD in International Relations from the University of Maryland. He was only the 23rd recipient of the Iowa Medal, the state's highest citizen award. Other honors include: the State Department Award for Heroism; being the only civilian to ever earn the Army Air Medal for participating in helicopter combat operations; and acting as interpreter in Vietnamese for President Ford.

## **Ralph Vaughan Williams and His World**

**Eric Saylor**

**Tuesdays, December 10, 17**

**10–11:30 a.m.**

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$30

Ralph Vaughan Williams (1872–1958) was one of the most prolific and influential British composers of the twentieth century. This short survey will consider not only his life and music, but broader social and cultural aspects of Britain between the Victorian Era and the New Elizabethan Age that shaped his personal biography and professional career.

**Eric Saylor** is a leading specialist on British art music of the later nineteenth and twentieth centuries. Dr. Saylor is the author of the award-winning biography *Vaughan Williams (Oxford University Press, 2022)* and *English Pastoral Music: From Arcadia to Utopia, 1900–1955* (University of Illinois Press, 2017), as well as numerous scholarly essays and book chapters. He is a professor of music history at Drake.

## **The Simple Magic of the Native American Flute**

**Judy Olson**

**Wednesday, December 11**

**10:30 a.m.–12 p.m. or 2:30–4 p.m.**

**OR**

**Friday, December 13**

**10:30 a.m.–12 p.m. or 2:30–4 p.m.**

Class delivery mode: IN PERSON

Location: Scottish Rite Park

Cost: \$15

Cap: 16 (4 participants for a single session)

**\*\*There will be four 90-minute blocks of four participants.**

**You will be assigned your time after registration.**

This course will acquaint you with the Native American flute in the most personal way possible, by playing it. Experience a 90-minute lesson (flutes provided) during which you'll learn the simplest steps for playing the instrument, how to hold it, how to blow, and basic fingering and tonguing techniques. The end game: Determine whether you enjoy the flute experience and provide resources to start you on the flute-playing journey. Participants will be able to sample flutes.

**Judy Olson** retired after 40 years of teaching English, Speech, Drama, and Debate (and coaching) at Valley High School. Now, she writes, speaks, performs music, and practices energy healing arts. Growing up near Standing Rock reservation in South Dakota, she was drawn to Native American thought and culture. She played the transverse flute in high school and college. In 2002, she found the Native American flute and fell in love with it.



First Name \_\_\_\_\_

Last Name \_\_\_\_\_

Preferred Name \_\_\_\_\_

Birth Date (optional) \_\_\_\_\_

Street Address, City, State, Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Is your spouse an OLLI at Drake member? YES/NO

If YES, print name here \_\_\_\_\_

### PAYMENT OPTIONS (Online payment preferred)

*(We no longer take credit card payments through the mail for security reasons.)*

**ONLINE** payments for membership can be made at: [alumni.drake.edu/olli](http://alumni.drake.edu/olli) and click on the link for

Memberships. **OR**

complete and return this form with a check payable to "OLLI at Drake". Check # \_\_\_\_\_

MY MEMBERSHIP IS UP TO DATE

1 year membership (July 1, 2024 – June 30, 2025).....\$75/person

MEMBERSHIP payment total.....\$

CLASS REGISTRATION fees (from back of form).....\$

BALANCE DUE (membership + class fees) .....\$

For check payments please mail checks and completed form to:

OLLI at Drake  
2507 University Avenue  
Des Moines, IA 50311

FALL 2024 NAME: \_\_\_\_\_

CIRCLE **CLASS** and if applicable, CIRCLE **IP** (in person) or **Z** (Zoom) and Circle **\$** to SELECT ADD payment due. **TRANSFER** total payment due to front of form.

SEPTEMBER	PRICE		PRICE
Maximizing your OLLI Experience <b>IP</b> or <b>Z</b>	FREE	Harvest on the Farm	\$10
Self Healing	\$45	Get Your Drake Library Card and Tour the Archives	FREE
General Douglas MacArthur in Japan <b>IP</b> or <b>Z</b>	\$45	Behind the Scenes Storytellers' Project <b>IP</b> or <b>Z</b>	FREE
A Day in the Life of a Medical Examiner <b>IP</b> or <b>Z</b>	\$15	Pundits, Polls and Politics – 2024 Election – II	\$15
The World in Review <b>IP</b> or <b>Z</b>	\$45	World of Beers	\$60
MOVIE EVENT – <i>The Birds</i>	\$10	Murder Mystery Dinner - An OLLI Whodunnit	\$60
The 9/11 Story	FREE	100 D-Days: The War Against the Rising Sun	\$45
Updates on Drake Basketball <b>IP</b> or <b>Z</b>	FREE	The Storytellers' Project – "Overcoming"	\$20
Birdwatching in Central Iowa	\$30	Book Discussion – <i>Together</i> <b>IP</b> or <b>Z</b>	FREE
Wellbeing from Head to Toe with DMU <b>IP</b> or <b>Z</b>	\$45	Accomplished But Insufficiently Praised People	\$45
Life, the Universe and Everything	\$45	Behind the Scenes Post-Paris: Team USA	FREE
Tai Chi for Beginners	\$30	Amplifying Poetry in Our Community	\$15
Great Readings Discussion Group	\$30	Exploring Kellogg and Grinnell	\$45
China from Two Perspectives	\$30	Art and Inclusion at Easter Lake: Bike Ride	FREE
Des Moines Talks <b>IP</b> or <b>Z</b>	\$30	<b>NOVEMBER</b>	
Exploring the Museums of Cedar Rapids	\$60	1950s Rural America <b>IP</b> or <b>Z</b>	\$30
The Reality of Hunger ... Tour of Food Bank of Iowa	\$15	Telling Your Stories: The 5-Minute Memoir <b>IP</b> or <b>Z</b>	\$30
Israel and the Palestinians <b>IP</b> or <b>Z</b>	\$30	Tracing the Threads of the Tapestry	\$30
Mystery Fine Wine Tasting	\$45	MOVIE EVENT – <i>To Kill a Mockingbird</i>	\$10
Iowa Military History & Gold Star Museum	FREE	Drake Jazz Ensemble Concert	\$30
Take a Dive into Des Moines' Bars	\$45	Traditions and Ceremonies of Japanese Culture	\$45
Marshalltown Arts & Civic Center Visit	FREE	Climate Change	\$30
Tallgrass Theatre: <i>It's Only a Play</i>	\$35	<i>CLANDESTINE ... the story of Mariah Otey Reddick</i>	\$15
Economic Roundtable <b>IP</b> or <b>Z</b>	\$45	Raptors of Iowa	FREE
Journaling to Heal	\$15	ANDERSON GALLERY: Acts of Projection Magic	\$15
Iowa Architectural Foundation Tour: East Village	\$30	Immigration Uncovered <b>IP</b> or <b>Z</b>	\$45
Documentary Film Making	\$45	Dementia Prevention: UPDATED <b>IP</b> or <b>Z</b>	\$30
Water Aerobics	\$30	Lunch at Hugo's Wood-Fired Kitchen	\$30
Ratification of the Constitution <b>IP</b> or <b>Z</b>	\$15	Ageless Strength: Functional Fitness for Life	\$15
Homecoming Football Game	PAY AT GATE	<i>The River Knows ...</i> <b>IP</b> or <b>Z</b>	\$15
Murder at the Y <b>IP</b> or <b>Z</b>	\$15	Book <i>Woodland Cemetery in DSM</i> <b>IP</b> or <b>Z</b>	\$15
Healthy Eating: Beans, Greens and Fish	\$40	<b>DECEMBER</b>	
<b>OCTOBER</b>		The History of Broadlawns <b>IP</b> or <b>Z</b>	\$15
Visit Des Moines' Downtown Historic Churches	\$45	Reinventing America: Myths/Lies	\$45
Welcome to Jazz	\$45	MAsters of MODernism: MANet/MONet <b>IP</b> or <b>Z</b>	\$15
A Little Bit of Probability <b>IP</b> or <b>Z</b>	\$45	I'm Not Listening: Communicating <b>IP</b> or <b>Z</b>	\$30
LUNCH & LEARN WesleyLife: President Marty Martin	\$15	LUNCH & LEARN WesleyLife: Hydroponics	\$30
MOVIE EVENT – <i>Snow White</i>	\$10	MOVIE EVENT – <i>Harvey</i>	\$10
Drake Theatre: <i>First Date</i>	\$30	Aging with Style: Improving Your Aging IQ <b>IP</b> or <b>Z</b>	\$15
<i>Fantasia</i> Revisited	\$45	Tallgrass Theatre: <i>Home for the Holidays Cabaret</i>	\$35
Iowa Families Living on the Edge <b>IP</b> or <b>Z</b>	\$45	The Forrest Gump of Iowa ... Continued <b>IP</b> or <b>Z</b>	\$15
CMA Hosts: Songs of Black America	\$30	Ralph Vaughan Williams and His World	\$30
POLITICS 24: The Race to the White House <b>IP</b> or <b>Z</b>	\$45	The Simple Magic of the Native American Flute	\$15
Trees as Herbs	FREE		
Strategy for Advanced Mah Jongg	\$45		

**TOTAL PAYMENT DUE:** \$





# LEND A HAND TO UNPAID CAREGIVERS:

✓ **330,000**

*unpaid family caregivers in Iowa*

✓ **\$7,200**

*in yearly out-of-pocket costs per caregiver*



Family caregivers need support. Scan the QR code or visit [aarp.org/IACaregiving](http://aarp.org/IACaregiving) to sign our petition supporting tax relief for Iowa's unpaid family caregivers.

## So Much More Than *Meals!*



- Tripling meal capacity
- Growing fresh greens onsite
- Connecting generations with purposeful programs

Sign up for one of our two OLLI at Drake courses this fall, each held at our new campus.

- Oct. 3 – Drake University Update, President Marty Martin
- Dec. 7 – Hydroponics 101, Aaron Thormodsen, Hydroponic Farm Manager, WesleyLife



[wesleylife.org/meals-on-wheels](http://wesleylife.org/meals-on-wheels)



## Contact us

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## 2024-25 OLLI at Drake Council

Ronni Begleiter  
 David Boyd  
 Judy Conlin  
 Don Corrigan  
 Margie Davidson  
 Dennis Davis  
 Marshall Grabau  
 Bob Haskins  
 Bob Henderson

Jan Hetzel  
 Carl Johnson  
 Dennis Kelly  
 Gloria Morris  
 Craig Shives  
 Peggy Urtz  
 Beth Willem  
 Jan Wise  
 Sue Wright

## Executive Committee

President – Bob Haskins  
 Vice President – David Boyd  
 Secretary – Craig Shives  
 Treasurer – Jan Wise  
 Programming Chair – Carl Johnson  
 Events & Socials Co-Chairs – Jan Hetzel & Bob Henderson  
 Marketing & Membership Chair – Peggy Urtz  
 Nominating Chair – Dennis Davis  
 Volunteer Engagement Chair – Sue Wright

## Committee Chairs

Events & Socials – Jan Hetzel & Bob Henderson  
 Marketing & Membership – Peggy Urtz  
 Nominating – Dennis Davis  
 Programming – Carl Johnson  
 Volunteer Engagement – Sue Wright

## Ex Officio

Billie Ray  
 John Smith, Vice President for University Advancement

## OLLI at Drake Staff

Tracy Beck – Director  
 Lisa Cooper – Program Coordinator