



SPRING 2023 CLASSES, EVENTS, AND SOCIALS

Lifelong Learning Never Ends.

Expand
your mind.
Expand
your community.

REGISTRATION OPENS 9 A.M. JANUARY 11

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Learn something new.

Have fun doing it.

About OLLI at Drake

We are a volunteer-supported program of Drake University open to all persons who seek opportunities for lifelong learning. We offer an environment of sharing and fellowship that provides opportunities of intellectual, social and cultural stimulation and growth.





Hello to our current and future OLLI at Drake University members,

This fall, we celebrated 720 OLLI at Drake members, 100 brand new members and over 2,700 class registrations. We have thoroughly enjoyed our new classroom space in the Harkin Institute. Hybrid classes have been engaging and members are happy to be back together in-person, as well as grateful for Zoom when it is convenient.

The OLLI at Drake programming and events/social committees and staff are excited for the spring semester and believe there is something for everyone in this catalog with a record number of **64 different class offerings**. We look forward to seeing you in class in 2023!

As our mission states, we are a volunteer-supported program of Drake University open to all persons who seek opportunities for lifelong learning. We offer an environment of sharing and fellowship that provides opportunities for intellectual, social, and cultural stimulation and growth, with diverse in-person, hybrid, and Zoom courses.

We want to celebrate the volunteers involved with OLLI at Drake. The program would not be viable without our volunteers. This includes council members, committee chairs, committee members, class hosts, and so many others. Everyone is welcome and there is an abundance of ways to get involved. Please let us know if you would like to learn more about these opportunities!

We must celebrate the diverse group of volunteer instructors who share their time and talent. They are the lifeline of our program. We are grateful for the abundance of knowledge they bring to our members every day.

Spring registration will open on Wednesday, January 11 at 9 a.m. Online registration is the preferred method. Registrations can still be mailed through USPS. We look forward to seeing you soon!

Happy learning from your OLLI at Drake team,

Tracy Beck, Manager (515-271-1847) tracy.beck@drake.edu

Lisa Cooper, Program Coordinator (515-271-3452) lisa.cooper@drake.edu

Susan Stringer, Administrative Assistant (515-271-2120) susan.stringer@drake.edu



How it Works

Non-credit educational opportunities are offered in the fall and spring semesters to our membership of lifelong learners. Instruction is provided by volunteers from Drake University faculty and the community at large. Events and socials are offered regularly to help connect and enrich our membership.

Membership Options

Annual OLLI at Drake membership extends from July 1 through June 30. A fall and spring catalog will be issued to all members.

Membership rates are as follows:

- Annual membership \$50 per person
- 2-year membership \$95 per person
- 3-year membership \$140 per person

Membership Benefits

- Connection to a community of enthusiastic learners in a vibrant university atmosphere
- Access to diverse courses from Drake faculty, community leaders, and experts
- Members-only lectures throughout the year, at no additional cost
- Borrowing privileges at Drake's Cowles Library
- Reserved seating at Drake's Bucksbaum lecture series
- Invitations to Drake-sponsored lectures and activities
- Monthly e-newsletter

Mailing Address:
OLLI at Drake
2507 University Avenue
Des Moines, IA 50311

Office Location:
Alumni House
2700 University Avenue
Des Moines, IA 50311

Volunteer Opportunities

There are multiple opportunities to support OLLI at Drake by sharing your time and talents. Contact the office for details: OLLI@drake.edu or phone 515.271.2120

- **Host Team/Zoom Support**
early class arrival, introducing instructors, greeting and checking in registrants. Training and orientation will be provided.
- **Set Up/Support Team**
supporting class venue set up, audio/visual equipment preparation, office task completion, etc. Training and orientation will be provided.
- **Programming Committee**
generating ideas for program content, providing feedback, and developing courses from concept to reality.
- **Events and Socials Committee**
generating ideas and conducting planning for social events, community tours, and other activities.
- **Membership and Marketing Committee**
providing insight and support for OLLI at Drake membership recruitment and retention strategies.
- **OLLI at Drake Council**
general oversight for program creation, financial management, community outreach, membership recruitment and retention.
- **Instructor**
propose a course you would like to teach in an upcoming semester.
- **Other**
Please contact me with other volunteer opportunities.

Important Information

Class Registration

- Please register for classes online at <https://alumni.drake.edu/olli>
- In the event you are unable to register online, a registration form and a business reply envelope are enclosed.
- Classes are open to OLLI at Drake members only.
- Registration is processed on a first-come, first-served basis.
- Each participant should register separately.

Member Communication

- OLLI at Drake uses email as its primary method of communication. If you do not have an email address, member information will be mailed through USPS.
- OLLI at Drake members will receive an e-newsletter each month, highlighting upcoming OLLI at Drake and campus activities.

Library Privileges

As a member of OLLI at Drake, you have borrowing privileges at Drake's Cowles Library. Library privileges must be renewed every (1) year. Contact the library to organize your library card: call (515) 271-2113. You will need to provide a current form of ID.

New Members

New members who join during the Spring semester will be given one free standard course (\$30 value).

Name Tags

- All OLLI at Drake members will be issued a name tag.
- Lost name tags will levy a \$10 replacement fee.

Parking Tags

- All OLLI at Drake members attending in-person classes on the Drake campus will be issued a parking tag
- Parking tags issued during the Fall 2022 semester are valid until August 2023.

Class Locations

In-person and hybrid classes are delivered at the Harkin Institute, 2800 University Avenue, Des Moines.

Registration Refunds

Registration refunds will be issued for cancellations received no later than 48 hours prior to the start of the class or by the registration deadline, when applicable. Refunds will not be issued for partial participation in any class or activity.

Refunds will be issued for amounts \$30 and greater.

Important Class Information

OLLI at Drake Hybrid classes

Many of our classes are listed as Hybrid, this means you can choose to participate in person, or via Zoom. Hybrid classes will be a combination of an in-person and Zoom class, so please take careful note and circle IP or Z where indicated. Please make that choice at the time of registration. The in-person location for Hybrid classes will be the Harkin Institute building at Drake University.

If a Hybrid class reaches capacity for the in-person limit, all other registrations will automatically be registered to participate via Zoom.

OLLI at Drake Zoom classes

Some classes are listed as “only Zoom”. This could be due to the instructor being in another city or state. We are fortunate to have instructors from all over the country and the virtual delivery works best for the instructor/s to present via Zoom.

There are numerous benefits to participating in virtual classes, especially enabling class participation from anywhere in the country.

OLLI at Drake In Person classes

There are several classes listed as **In Person**. This means they are performances or field trips, and we do have some classes where the instructor has requested the class be delivered only in person, due to their specific requirements.

What you need for Zoom

- High-speed internet connection.
- A computer or iPad.
- A smart phone can be used to participate by video.
- Dial-in information is included with the Zoom link information for those without a computer or smart phone.

Class cancellations or changing delivery mode

In the rare case of a class cancellation or date change, OLLI at Drake staff will notify the class participants via email. Please check your emails regularly.

If weather conditions or other circumstances necessitate a Hybrid class to be changed to Zoom only, that will be communicated via email to participants.

We are here to help

OLLI at Drake staff are happy to help all members achieve the most from their class experience. Please contact the staff with any questions, or to request a practice Zoom tutorial.

Manager: Tracy Beck

tracy.beck@drake.edu

Program Coordinator: Lisa Cooper

lisa.cooper@drake.edu

Memberships: Susan Stringer

susan.stringer@drake.edu

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Water Quality in Iowa: What is the Status, Why You Should Care and What You Can Do

Christopher S. Jones, Michael Schmidt, Wally Taylor, Ted Corrigan, Brian Campbell, Alicia Vasta

**Mondays, February 6, 13, 20, 27
10–11:30 a.m.**

Online class via ZOOM

Cost: \$30

Session 1 will focus on the past, present and future of Iowa water quality within the backdrop of the state's agricultural production systems.

Christopher S. Jones is a research engineer with IIHR Hydrosience and Engineering at the University of Iowa. He obtained his BA in chemistry and biology from Simpson College, and his PhD in analytical chemistry from Montana State University. The focus of his research is contaminant hydrology, nutrient and sediment transport, agriculture and water quality, and water monitoring.

Session 2 presents a real life example of water quality issue. The Supreme Beef/Bloody Run presentation is a discussion of how animal feeding operations are regulated (or not) by the Department of Natural Resources. The Supreme Beef/ Bloody Run case puts the problems with animal feeding operation laws and regulations in stark relief. We will explain why effective regulation and enforcement are imperative for improving water quality in Iowa.

Michael Schmidt returned to Iowa and joined the Iowa Environmental Council in 2019. He most recently worked as a staff attorney for the Minnesota Pollution Control Agency. He previously worked in the water program for the Minnesota Center for Environmental Advocacy, a state-based nonprofit, where he engaged in legal and policy advocacy, including passage of the state's *Clean Water Accountability Act*. He has a law degree from the University of Minnesota and a BA in political science from the University of Iowa.

Wally Taylor is an attorney in Cedar Rapids. He has been practicing environmental law for 40 years. Wally has been engaged in cases involving the *Clean Water Act*, the *Clean Air Act*, the *National Environmental Policy Act*, land use issues, and energy and public utility issues. Currently, Wally is litigating the permitting of three carbon dioxide pipelines proposed to be constructed in Iowa, the permitting of a large cattle operation in Clayton County near a trout stream, and two proposed storage facilities for nuclear waste in

Texas and New Mexico. In the past, he has challenged the permitting of the Dakota Access crude oil pipeline, the construction of the Highway 100 extension in Linn County through a county nature preserve, and the relicensing of the Duane Arnold Energy Center.

Session 3 will explore the water quality challenges faced by Iowa's largest drinking water utility in producing safe, clean drinking water for 600,000 customers in central Iowa every day. It will highlight Des Moines Water Works' efforts to promote conservation and water quality improvement in its watersheds and across the state and outline the robust treatment processes used to ensure water delivered to Des Moines Water Works customers is Water You Can Trust for Life.

Ted Corrigan is CEO and General Manager for Des Moines Water Works and has been with the utility for more than 30 years. He started his Water Works career in the Engineering Department and held a number of positions including Director of the Water Production, Director of the Water Distribution, and Chief Operating Officer before becoming CEO. Mr. Corrigan is a Civil Engineering graduate from Iowa State University, a Licensed Professional Engineer, and holds Grade 4 Water Treatment and Grade 4 Water Distribution Operator Certifications.

Session 4 From drinking water to recreational use, Iowa's waterways are threatened by unmitigated agricultural pollution. Addressing water quality through policy change is challenging in an agriculture-dominated state. This presentation and discussion will focus on policy solutions to Iowa's water crisis and how you can become an advocate for Iowa's waters.

Brian Campbell is the Executive Director of the Iowa Environmental Council. Previously Brian served as the Director of Sustainability – Education and Partnerships at Central College to integrate sustainability throughout the institution. He holds a BA from Davidson College; a masters from Pacific School of Religion in Berkeley; and a PhD from Emory University.

Alicia Vasta joined the Iowa Environmental Council in 2019. She grew up in Adel, Iowa. She previously worked as the director of the Iowa Conservation Education Coalition, where she supported environmental educators and advanced environmental literacy. Alicia holds a Master of Environmental Management degree from Duke University with a focus on land conservation and management, and an undergraduate degree in Environmental Science from the University of Notre Dame.

The Changing Character of Perry, Iowa: Immigration, Industry, and Culture Change

Jody Swilky

Mondays, February 6, 13, 20, 27

2-3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

We will watch and discuss *A Little Salsa on the Prairie: The Changing Character of Perry Iowa*, a documentary that examines the causes and impact of rapid demographic change on a rural Iowa community connected to the meatpacking industry.

Readings will examine how trade agreements and immigration-related legislation have contributed to diversifying the community, how the city has evolved as it continues to diversify, and how through trials and tribulations, benefits and accomplishments, this transformed community offers lessons for other rural towns and cities across the state

Jody Swilky wrote and co-produced the award-winning documentary *A Little Salsa on the Prairie: The Changing Character of Perry, Iowa*. He also served as head researcher for *The Fort: 177 Years of Crime and Punishment at the Iowa State Penitentiary*. For his film work, he has received awards from The National Endowment for the Humanities, the Iowa Arts Council, and Humanities Iowa.

Tai Chi for Beginners

Dan Alexander

Tuesdays, February 7, 14, 21

Friday, February 24

10-11:30 a.m.

Class delivery mode: ZOOM

Cost: \$30

In this course we will introduce you to the practice of Tai Chi with a routine that includes elements of Qigong, Tai Chi, and movement training. This is a beginner's course, with no previous Tai Chi experience needed.

The routines are chosen to be gentle and non-taxing, and will be done with the spirit that any movement is good movement. If you find that any parts of the routines are not comfortable, you will not need to do them. There are many claims about the positive benefits of Tai Chi.

Dan Alexander is a retired Drake mathematics professor, and has been practicing Tai Chi and other

marital arts since 2004. He studied at the Chinese Martial Arts Academy in Windsor Heights under Sifu José Mendoza.

Twenty People Who Shaped the 20th Century

Tom Gilsenan

Wednesdays, February 8, 15, 22, March 1

10-11:30 a.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Who comes to mind when you think about the most influential people of the 20th century in the US? How about these people: Franklin Roosevelt, Martin Luther King, Jane Addams, Margaret Mead? And these: Walt Disney, Martha Graham, Cesar Chavez, Helen Keller, Margaret Sanger.

We'll consider all of these people and many others in our exploration. And, there will be an opportunity for you to suggest other individuals for a list of 'most influential.'

Tom Gilsenan's qualifications include a MSW from St. Catherine University/University of St. Thomas, and BA degree in urban studies from University of Minnesota. He has done additional graduate work in social work, history and education. He has worked as a professor of social work at Presentation College, as an adjunct professor at the University of Iowa, and as a high school teacher in Minneapolis. He taught journalism at the University of Iowa, other schools, and other OLLIs.

The Piano Lesson: Pyramid Theatre

Tiffany Johnson

Wednesday, February 8

2-3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

Join members of the Pyramid Theatre Company of Des Moines to hear about the upcoming co-production with the Des Moines Playhouse of August Wilson's play *The Piano Lesson*.

Pyramid Theatre highlights the presence of Black artists in theatre and provides a means of artistic expression to emerging Black voices.

Tiffany Johnson became one of the founding members of Pyramid Theatre Company in August of 2015, which was established to serve as a gateway to the arts and to enhance the experience by illuminating the presence of Black artists and providing opportunity for more diverse artistic expression.

Only Hope: My Mother and the Holocaust Brought to Light

Irving Lubliner

Thursday, February 9

2–4 p.m.

Class delivery mode: ZOOM

Cost: \$10

Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland, powerful stories published by her son, Irving Lubliner. He will share excerpts from *Only Hope: A Survivor's Stories of the Holocaust*, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions.

Irving Lubliner, professor emeritus at Southern Oregon University, teaches math, music, and literature classes for OLLI at Southern Oregon University. Specializing in math education, he taught for 40 years, led teaching seminars in 39 states, and gave 350 conference presentations, including several keynote addresses. In 2019, he created Felabra Press and published his mother's Holocaust-themed writings.

Celebrating Womens' Athletics: Title IX and 50 Years of Women's Athletics at the University of Iowa

Lyla Clerry, Paula Jantz

Fridays, February 10, 17

10–11:30 a.m.

Class delivery mode: ZOOM

Cost: \$20

In the early 1970s, Intercollegiate Athletics for Women was unknown by most people. Delta State and Immaculata were dominant teams in women's basketball. In 1972 Immaculata University defeated Mississippi State College for Women and was crowned AIAW (Association for Intercollegiate Athletics for Women) National Champion. The tournament was at the campus of Northern Illinois University.

Explore with us the history of Women's Athletics at the University of Iowa. We will explore in depth the relevance of Title IX legislation and its impact on sports, as well as celebrate the career of Dr. Christine Grant, a leader in the advancement of equality in women's sports, both at the University of Iowa and nationally.

Lyla Clerry is a Senior Associate Athletics Director at the University of Iowa, and also serves as the Deputy Title IX Coordinator. In 2015, Clerry was appointed to the NCAA Legislative Committee. She has a bachelor's degree in business administration from California State, San Bernardino, and masters in educational leadership from the University of Oregon.

Paula Jantz joined the University of Iowa Athletics Department in 1980, and retired in 2016 as Senior Associate Athletics Director. As senior women's administrator (sports), she managed sports programs, student athletic performance and athletic event administration. Throughout her career she worked with Dr. Christine Grant, until Grant's retirement in 2000. Paula holds bachelors degrees from Oklahoma State University (1976 and 1977) and masters from the University of Iowa (Athletic Administration).

Unidentified Flying Objects/ Unidentified Aerial Phenomena: Are We Alone?

John Hickok

Fridays, February 10, 17, 24

1–3 p.m.

Class delivery mode: ZOOM

Cost: \$30

This class is offered in collaboration with OLLI at William and Mary University

Ever wonder if we are the only intelligent beings in the Universe? Recent videos released by the US Navy indicate that maybe we are not! In July of 1947, a supposedly alien craft crashed near Roswell, New Mexico, and the event was quickly covered up by the government. But now, there is great interest in the Roswell event and many other sightings. This course will examine the data from the Pentagon on UFOs, now called Unidentified Aerial Phenomena (UAPs), that is being analyzed by special committees in the Pentagon and reported to Congress to see if these UAPs are any threat to the US. Sensitive videos will be shown, and questions and stories will be discussed.

Reading Required: *The Day After Roswell* by Colonel Philip J. Corso.

John Hickok has the following degrees: BS engineering/ nuclear physics (USNA), MS in aero engineering, and MBA (NPGS). He retired after a 48-year career in the Navy (A-6 Intruder Naval Flight Officer and RAF Buccaneer Weapon Systems Officer, acquisition assignments including top secret stealth programs and Navy avionics systems) – and Office of the Secretary of Defense (Sr. Professor at Defense Acquisition University, Chief Knowledge Officer).

The Pyramid Theatre at the Des Moines Playhouse presents: *The Piano Lesson*

Sunday, February 12

2 p.m.

Class delivery mode: IN PERSON

Location: Des Moines Playhouse

Cost: \$30

The Pyramid Theatre in co-production with the Des Moines Playhouse is proud to present *The Piano Lesson* by August Wilson. Join us for the 2 p.m. matinee performance. “It is 1936 and Boy Willie arrives in Pittsburgh, full of aspirations. He has an opportunity to buy some land but needs to come up with the money quick. He wants to sell an old piano that has been in his family for generations, but he shares ownership with his sister, Berniece. An antique covered with incredible carvings that detail the family’s history, Berniece has already rejected several offers for the piano. Boy Willie tries to persuade his sister that the past is the past, but Berniece is more formidable than he anticipated.”

Review of International Happenings

Ellen Pirro

Tuesday, February 14, 1:30–3 p.m.

Friday, March 17, 2–3:30 p.m.

Tuesday, May 30, 1:30–3 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Join Ellen for a monthly update on the current happenings in international relations and European politics. This class examines the resurgence of a world organized in major poles – three at this time – who contend with each other for dominance. The unipolar world centered around the United States, from 1989 (the end of the Cold War) to roughly 2008 is gone. The United States faces major challenges from Russia and China, each of whom has global ambitions. Their goals

will be examined and we will look to the future in this fast evolving situation..

Ellen Pirro is professor of political science at Iowa State University and specializes in international relations and European politics. She has also taught at Drake. She founded and directed the Carrie Chapman Catt Center for Women and Politics at ISU. She was named teacher of the year at ISU in 2012, and in 2014 she received the university’s International Service Award. Ellen has coauthored a book *The European Union & the Member States* with retired Drake professor, Eleanor Zeff.

Great Readings

Bruce Martin

2nd and 4th Tuesdays of each month

February 14 through to June 13

6:30–8 p.m.

Class delivery mode: ZOOM

Cost: \$30

Bruce Martin will lead discussions on various literary texts. These readings will come from an anthology of selections by authors from various time periods and cultures. Readings will include fiction by D. H. Lawrence, Flannery O’Connor and Richard Russo, and essays by Wendall Berry and Paul Tillich. A digital copy of the anthology will be available by contacting Bruce Martin at brucekmartin85@gmail.com.

Bruce Martin is professor emeritus, English, and the Ellis and Nelle Levitt Professor of English at Drake. He taught at Drake from 1967 to 2006, offering courses in 19th and 20th century British literature and literary theory. In 1986–1987, he held a Fulbright lectureship at the National University of Singapore, where he later served as visiting professor of English. Subsequently he was awarded Fulbright lectureships to South Korea and Madagascar.

Pink Game Story: Creating Awareness of Cancer

Dixie Byers, Tim Tesar

Wednesday, February 15

2–3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

Join Dixie Byers and Tim Tesar as they talk about the annual Hoops for Hope/Pink Game played at the Drake Women’s Basketball Game. The Pink Game has been going on for over 10 years. The goal of the game is to

bring joy (through basketball) to cancer patients and their families and raise awareness of cancer in central Iowa. Drake Athletics partners with many local cancer groups on these games, including UnityPoint, Mercy, American Cancer Society, and other groups like Dr. Deming's Cancer Center, and Dr. Paul's Army of Pink group.

Dixie Byers is 72 years old. She grew up attending grade school and high school in Lake Park, Iowa. Her interests in life were all types of sports and she played basketball in college. Dixie will share her personal cancer experiences and the mountains she climbed to defeat cancer four times! She is grateful for the opportunity to share her story with OLLI members, and more importantly raising the awareness of cancer to help family members and friends, and the greater community.

Tim Tesar is the Senior Assistant Athletics Director at Drake University. While earning his bachelor's degree in public relations at Drake, Tim assisted the Drake Athletics marketing department. He also holds a master's degree in Adult Learning & Organizational Performance before achieving his PhD in Educational Leadership from Iowa State University in 2019.

The US Supreme Court's Gospel of the False Profound

Hunter R. Clark

Thursdays, February 16, 23

10-11:30 a.m.

Online class via ZOOM

Cost: \$20

This course focuses on the United States Supreme Court from an institutional perspective. It emphasizes the forces and factors that have shaped the Court's decision-making over the years. Special attention is paid to changes in the Court's composition, and to the perspectives and personalities of individual justices, as well as the Court's changing role in our political system. Excerpts from about a half-dozen of the Court's most consequential recent decisions are read closely and analyzed. Accompanying commentary illuminates the historical backdrop, and the social and political milieu, against or within which each case was decided.

Professor Hunter R. Clark joined Drake University's law faculty in 1993. He is a graduate of Harvard College, AB cum laude 1976, and Harvard Law School, JD 1979. During law school, he wrote for the *Harvard International Law Journal*, and edited the *Harvard Civil Rights-Civil Liberties Law Review*. From 1981-1986, he worked as a staff writer for *TIME Magazine*,

writing weekly articles on world affairs and diplomatic developments. His writings on foreign direct investment and global economic development have appeared in leading journals and law reviews. During high school, Clark worked as a page in the US Supreme Court. He is the author of two books: *Justice Brennan: The Great Conciliator* (1995), and *Thurgood Marshall: Warrior at the Bar, Rebel on the Bench* (1994, 1992).

A Thin and Powerful Difference: Race | Embodiment Exhibition and Reception

Lilah Anderson

Thursday, February 16

5-6:30 p.m.

Class delivery mode: IN-PERSON

Location: Anderson Gallery, Drake University

Cost: \$30 (incl. wine and cheese reception)

Class Cap: 50 participants

Join us for the current Anderson Gallery exhibition, *A Thin and Powerful Difference: Race | Embodiment* led by Anderson Gallery director Lilah Anderson. The powerful exhibition features contemporary artists of color as well as historical and archival material exploring race in Iowa. *A Thin and Powerful Difference: Race | Embodiment* is curated by Dr. Lenore Metrick-Chen, associate professor of Art History at Drake University and her students. The evening's program will begin with a wine and cheese reception and be followed by a walking tour of the exhibition.

Lilah Anderson has served as the Anderson Gallery Exhibitions and Community Engagement Manager at Drake University since October 2021. In her role, she directs the Gallery, works with faculty, students and artists to curate exhibitions, and develops programming and outreach. Lilah has curated and collaborated on exhibitions on a range of topics as well as produced countless programs. She strives to foster community and cultivate cross-disciplinary engagement in art spaces. She earned her MSc in History of Art, Theory and Display from the University of Edinburgh and her BA from Bard College with a double major in Art History and Biology. Prior to her current role at the Anderson Gallery, Lilah served as the Curator of Education for Iowa State University Museums where she directed the education program and managed the Reiman Gallery.

Pink Game — Drake Women's Basketball Game vs Illinois State

**Saturday, February 18
2 p.m.**

Cost: \$10

Location: Knapp Center

Class cap: 65

Come and cheer on the Drake Women's Basketball team against the Illinois State Redbirds at the Knapp Center at 2 p.m. This game is the annual Pink Game, which raises awareness of cancer, and honors cancer survivors and families. Group OLLI seating will be in the east end of the Knapp Center.

How We Got Here: The Origins of the Internet and World Wide Web

Tom Meyer

**Tuesday, February 21
2-3:30 p.m.**

Class delivery mode: ZOOM

Cost: \$10

Few things have changed our lives as much as the Internet, yet its origin is hard to pin down because many incremental steps led to its development. This non-technical talk will first remind us of how things used to be, then present the major steps in developing the Internet, who made them, and why. The World Wide Web, however, was largely the work of one person, though many have contributed to its development since. This presentation will describe its invention and explosive growth.

Tom Meyer worked on experiments at particle accelerators for over four decades and witnessed much of the development of the Internet and World Wide Web. Following his PhD from Cornell University in 1971, he served in postdoctoral appointments at Argonne National Laboratory in Lamont, Ill., and the Stanford Linear Accelerator Center (SLAC) in California. He joined Iowa State University in 1978, eventually becoming an adjunct research professor and senior scientist before retiring after 31 years. He spent 31 years traveling to Geneva, Switzerland, to work on various experiments at the CERN Laboratory, where he was the scientific spokesman for an experiment on proton-antiproton elastic scattering and an author on one of two papers announcing the discovery of the Higgs particle in 2012.

Raising Awareness: Diversity, Equity and Inclusion Book Club

Tom Gilsenan, Tracy Beck (OLLI Manager)

Wednesdays, February 22, 2-3:30 p.m.

Friday, March 24, 2-3:30 p.m.

Monday, April 24, 9:30-11 a.m.

Tuesday, May 9, 2-3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

The objective of this Book Club is to increase awareness of diversity: discussing racial, social, economic, educational and health disparities experienced by marginalized communities; encourage members self education and self reflection on issues related to implicit bias; and promote positive, transformational change leading to the eradication of racial and social injustice. Participants will be sent information for the first reading.

Tom Gilsenan's qualifications include a MSW from St. Catherine University/University of St. Thomas, and BA degree in urban studies from University of Minnesota. He has done additional graduate work in social work, history and education. He has worked as a professor of social work at Presentation College, as an adjunct professor at the University of Iowa, and as a high school teacher in Minneapolis. He has taught journalism at the University of Iowa, other schools, and other OLLIs.

Walking to Dinosaurs along the Rockies

Patricia Quinlisk

**Thursday, February 23
2-3:30 p.m.**

Class delivery mode: ZOOM

Cost: FREE

Where to go, walking trails and hikes to see prehistoric fossils from Wyoming to Alberta, Canada. This presentation will discuss the formation of fossils through the ages and which national, state and provincial parks contain fossils, trails, and guides where you can learn about their history. Includes information on planning an action-packed vacation with your dinosaur crazy spouse, friends, children and grandchildren.

Dr. Patricia Quinlisk was the Medical Director and State Epidemiologist at the Iowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects

such as how to change behaviors to prevent dementia. Her background includes being a hospital clinical microbiologist, a Peace Corps volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

A Monumental Journey: Celebrating the National Bar Association

Odell McGhee, Senior Judge (District 5)

Tuesday, February 28

10-11:30 a.m.

Class delivery mode: ZOOM

Cost: FREE

The National Bar Association [NBA] was founded in Des Moines in 1925 by twelve African-American pioneers whose interest and dedication envisioned justice and civil rights for all. Excluded from membership in the American Bar Association, and influenced by the Supreme Court's *Plessy v. Ferguson* 'separate but equal' decision decades earlier, these pioneers established the National Bar Association, the oldest and largest global network of predominantly Black American attorneys and judges. 'A Monumental Journey', part of this community's outstanding public art, was dedicated in Hansen Triangle Park in downtown Des Moines and commemorates that historical founding. Join us as we learn more about the NBA and its important work, as well as the new artwork that draws interest to the advancement of justice and civil rights for all.

Judge Odell McGhee was appointed to the District Court bench in 2002. He holds a BA degree from Cornell College and a JD from Drake Law School. In addition to memberships in county, state and national bar associations, Judge McGhee is also a Commissioner on the Iowa Supreme Court Continuing Legal Education Commission and an Officer for the National Association of Prosecutors. Others assure us that Judge McGhee was instrumental in keeping the idea of a memorial honoring the National Bar Association's establishment and making 'A Monumental Journey' a reality.



Des Moines Talks: People You Should Know

Jill Waage (Session 1)

Dr. Robert Shires (Session 2)

John Sorensen (Session 3)

Tuesday, February 28, 1:30–3 p.m.

Wednesday, March 29, 2–3:30 p.m.

Wednesday, April 19, 10–11:30 a.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

As Bob Dylan's popular song *The Times They Are A-Changin'* tells us, change is a constant in life. We will learn from three presenters—one a retired Medical Doctor specializing in Family Medicine, a leader in Iowa's financial services industry, and an editorial director for national magazines—about how change has impacted their work lives. Join us on this 'change journey'. Our presenters will recall the past, talk about changes currently underway, and project what the future will hold as their chosen field of employment adapts to an ever changing environment.

Session 1: Magazines Aren't Dead, Just Different

In a media landscape that changes as fast as Google's algorithms, print magazine brands are still an important part of the mix. Passionate consumers still seek out the incomparable print experience for inspiration to create comfortable homes, grow beautiful gardens, and cook delicious food. In this presentation, you'll learn how magazine making has changed—and what has stayed the same—across the presenter's 30+ years at Dotdash Meredith. From content creation to technology to shifts in consumer behavior, you'll learn what stands the test of time; what's shaken up the business models; and what's ahead.

Jill Waage is an Editorial Director for Dotdash Meredith's Premium Portfolio of newsstand titles in the home, garden, and food categories. That tallies 170+ issues per year across brands including *Better Homes & Gardens*, *Southern Living*, *AllRecipes*, *Cooking Light*, *RealSimple*, *Coastal Living*, and *Country Home* as well as partner brands *Magnolia Journal* and *Forks Over Knives*. She is also Editor in Chief of *Traditional Home* magazine. Jill is a proud graduate of Drake University, where she studied journalism and interior design and met her husband, Jerry (AS'92 and MSE'99).

Session 2: Family Medicine – Then and Now

This session will take a brief look at starting a medical practice in 1979 and how medicine has changed to current practice.

Dr. Robert Shires MD FAARM (Board Certified Family Medicine) has the following qualifications: BS in chemistry from Nebraska Wesleyan University; MD from University of Nebraska (Omaha); Family Medicine Residency at Iowa Lutheran.

Session 3: Changing Landscape of Banking

Learn about disruption and change occurring in the financial services landscape from a long time industry advocate. Although banking will always be a relationship business, the closest some people get to a bank is through an app on their mobile phone or computer. How has this changed the industry? How are consumer and business payments changing? What's next for crypto currencies? Will we ever have central bank digital currency? Learn about these topics, and how Iowa banks are navigating the current economy to serve their communities.

John K. Sorensen has been president and CEO of the Iowa Bankers Association (IBA) since 1997. The IBA is the principal advocate for banking in the state of Iowa. Sorensen also provides direction to the association's service companies, including Iowa Bankers Insurance and Services, Inc. and Iowa Bankers Mortgage Corporation. These organizations offer a broad range of services to Iowa banks to better help them meet the needs of their communities. Sorensen joined the IBA in 1986.

Sorensen is a native of Corwith, Iowa, and graduate of the University of Northern Iowa in Cedar Falls. He achieved the professional designation of certified association executive (CAE) in 1991, meeting requisite standards of experience and education in the field of association management.

Putting Food on the Table: Exploring Des Moines' Culinary Delights

Iowa Food Cooperative

Atlantic Coca-Cola Bottling Company

Old Station Craft Meats

Wednesdays, March 1, 15, 22

2-3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Iowa Food Cooperative (IFC) is made up of producer and consumer members. They operate an online ordering system for Iowa produced goods. Members have access to over 1,500 Iowa produced products,

which they order on a bi-weekly schedule. Their mission is to promote local foods by giving consumers a chance to know the hardworking folks that produce food here in Iowa. During this class, we will discuss the importance of a resilient local food system and how the Iowa Food Cooperative helps to connect producers and consumers every two weeks throughout the year.

Lisa Bean has been a member of The Iowa Food Cooperative for 10 years. She is currently on the Board of Directors. IFC is her favorite place to shop for food.

Atlantic Coca-Cola Bottling Company's Frank P. "Perk" Tyler began an ice cream and ice business in Villisca, Iowa around 1905. In 1909 he sold the business to sons Royal, Harry, and Henry Tyler who, in 1915, expanded by producing soda named "Tyler's Flavors." Sales were so strong that the brothers acquired a creamery in Clarinda, Iowa. In the creamery's safe they found a franchise contract for Coca-Cola. The Tylers began making Coca-Cola, adding a few bottles to the cases of Tyler's Flavors. By the late 1980s, the growth of Coca-Cola in Des Moines required more space than the Tyler's existing facility could hold, and in 1989 the Des Moines operation moved into its warehouse and sales center on Hickman Road in Waukee.

In 1991 **Kirk Tyler** was named President of Atlantic Coca-Cola Bottling Company, and Jim became Chairman of the Board of Directors.

Old Station Craft Meats began as an idea for two brothers to connect their shared passion for cooking and eating meat with their occupational interests. One brother, a cattleman, and the other, a businessman, decided to combine their passions and skill sets into a specialty meat market. Their passion for meat connected them and their hope is that Old Station Craft Meats is a means to connect others, as well. The brothers' goal is to bring together a community of carnivores to share conversations of food discovery. They believe that the best place to start a conversation is around a table for a meal.

Nick Lenters, the principal owner of Old Station Craft Meats, grew up on a farm in Northwest Iowa. He settled in central Iowa after graduating from Central College. He later went on to obtain his MBA from the University of Iowa. Prior to opening Old Station Craft Meats, Nick worked in a variety of industries in the Des Moines area including: software, payment processing, and business consulting.

Water Aerobics (7 sessions)

Darlene Strachan

Fridays, March 3, 10, 24, 31

April 7, 14, 21

10–11 a.m.

Class delivery mode: IN PERSON

Location: Bell Center Pool, Drake University

Cost: \$30

Class cap: 25

This 7-session class features stretching and dynamic exercises, music, games, dance, and volleyball. Bring a towel and your swimsuit. Exercise equipment such as water buoys and noodles are provided. You do not need to know how to swim to participate in this class. All fitness levels are welcome.

Darlene Strachan's love for water aerobics started years ago as a participant. She has taught water aerobics at Genesis Health Club and OLLI at Drake. Darlene's goal is for everyone to have fun while getting an energetic workout!

Nature's Art – Fine Mineral Specimens: Treasures of the Natural World and Emerging Art Asset Class

Rob Lavinsky

Friday, March 3

2–4 p.m.

Online class via ZOOM

Cost: \$10

Minerals are the foundation of nearly all raw materials of human art and culture, and also the building blocks of civilization. However, Natural Minerals of high quality are surely treasures themselves, inspiring works of natural art that have served to inspire humans across cultures, for thousands of years. We will look at Fine Minerals as objects of beauty and value, as an emerging art and asset class in its own right. We will show you how minerals are found and valued, why they are rare, and how to collect them as an asset. These natural objects of art are actually quite rare on Earth, older than the dinosaurs, and all too often destroyed when they could be saved. This leads to a discussion about re-evaluating modern mining and extraction methods to preserve what we can, and enable wealth creation in mining societies.

Rob Lavinsky has a PhD in molecular genetics, and 35 years in business in the field. He has a mineral species named after him (Lavinskyite). Rob has made numerous

worldwide contributions to the education and promotion of the beauty and science of minerals, as well as multiple museum exhibitions including "Rare Earth" in the Natural History Museum of Santa Barbara, and in the Crow Museum of Asian Art in Dallas.

Conversations with Composers Across the Pond

Nimrod Borenstein and Elisabetta Brusa with Carl Johnson

Monday, March 6, 10–11:30 a.m.

Friday, March 17, 10–11:30 a.m.

Class delivery mode: ZOOM

Cost: \$20

This class will consist of interviews with two internationally-known composers of classical music. One composer, Nimrod Borenstein, is in London and the other, Elisabetta Brusa, is in Milan. Participating via Zoom, they will be asked by interviewer Carl Johnson, to share their backgrounds, the difficulties and joys they may have faced starting out, and how they got to where they are today. Participants will be able to ask questions freely and should be presented with some genuine insights into what it takes to make a living as a composer in today's world.

Nimrod Borenstein is a Laureate of the Cziffra Foundation and an Associate of London's Royal Academy of Music. His substantial catalog continues to develop and currently numbers more than 90 works, including orchestral and chamber music, as well as vocal and solo instrumental pieces. The past few years have seen a great number of Nimrod Borenstein's works being commissioned, recorded, and premiered at the most prestigious venues and festivals across the globe. He also composed the score for a ballet, *Suspended*, which has received more than 250 performances around the world. Increasingly in demand upon the podium, Borenstein has various conducting projects underway, currently encompassing orchestras in the UK, Germany, Italy, and Israel.

Elisabetta Brusa is a pioneer of a growing number of modern composers who have elected to write music in a tonal style that communicates with the public, while avoiding some of the clichés that so often lie in wait. Defined as "a brilliant Anglo/Italian composer with a meticulous sense of orchestral colour and appealingly lyric gifts." Her idiom is always fresh and her music covers a wide range of expressions.

Born in Milan, Italy, in 1954 and naturalised British in February 2018, Elisabetta started composing at the very young age of 5 and created over 30 piano pieces

as well as a string quartet before starting Composition studies at the Music Conservatory in Milan. Among the numerous awards she obtained are the 1st prize of “The Washington International Competition for Composition for String Quartet” with her “Belsize” String Quartet in 1982, and the “Fromm Foundation Fellowship” and a “Fulbright scholarship” in 1983, which allowed her to attend Composition courses held by Hans Werner Henze and Gunther Schuller at Tanglewood (US). From 1988 to 1990, she was awarded Fellowships from the MacDowell Colony (US) for artistic residencies to work on her first “Symphony” for large orchestra and other works.

Elisabetta Brusa was a full-time member of the faculty at the G. Verdi Music Conservatory in Milan, where she taught Composition and Orchestration from 1985 to 2018. Previously, she had taught at the conservatories of Vicenza, Mantova and Brescia.

Understanding Global Climate Change

Sam Wormley

**Mondays, March 6, 13, 20, 27
2-3:30 p.m.**

Online class via ZOOM

Cost: \$30

Understanding global climate change provides an overview of what climatologists have learned about our changing climate. We avoid the political rhetoric and look at what the science says. The goal is for each of us to better understand what is happening to climate, why, and how we will live with the changes.

Sam Wormley is a retired Associate Scientist and Principle Investigator, CNDE/IPRT/AL at Iowa State University. For 17 years, he worked as an Adjunct Professor for Marshalltown Community College. Sam regularly teaches for OLLI at ISU and OLLI at Drake.

A History of Design: Graphic, Industrial, and Architectural (Part 3)

Roy Behrens

**Tuesdays, March 7, 14, 21, 28
10-11:30 a.m.**

Class delivery mode: ZOOM

Cost: \$30

This is the third part of an on-going series of richly illustrated talks about the history of design (graphic,

industrial, and architectural) in Europe and the US, beginning in 1850. The emergence of styles is considered in relation to influential events. This third series will focus on Modernism, Expressionism and WWI, Constructivism and the Bauhaus, and Art Deco.

Roy R. Behrens is an emeritus professor, distinguished scholar at the University of Northern Iowa. Before his retirement, he taught graphic design and design history for 45 years at various American art schools and universities. For information about his work as an artist and author please visit this website <http://bobolinkbooks.com/BALLAST/> He also offers free video talks on his YouTube Channel at <https://www.youtube.com/channel/UCzYrUfsAvkZur5cBv6xlhSgon>.

My ‘Desert Island’ Records: Jazz Collection

Abe Goldstien

**Tuesdays, March 7, 14, 21, 28
1:30-3 p.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This class offers an in-depth review of the handful of records Abe Goldstien would take if he was stranded on a desert island, and why. Abe will share his favorite jazz records and artists, and will offer an in depth review and discussion of his music choices.

Abe Goldstien is an educator, promoter, reviewer, and radio personality. Abe is often referred to as Des Moines’ leading jazz advocate. Born in Rochester, NY, Abe has been a vital part of the jazz community in Des Moines since arriving at Drake in 1969. Since that time, he has owned a record store, promoted concerts, hosted radio shows, taught jazz history/appreciation courses, and written reviews. Having listened to and read about jazz since age eight, his knowledge and passion for jazz is contagious.

Safety and Wellness at Home

Sydney Marshman

**Wednesdays, March 8, 15, 22
10-11:30 a.m.**

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Join occupational therapist Sydney Marshman to learn more about safety and wellness at home. Aging in place requires a unique combination of physical, cognitive,

and psychosocial skills. This course will discuss how to foster and grow these skills, as well as how to adapt through behavior, adaptive equipment, and home modification.

Sydney Marshman is the founder and occupational therapist with Happy at Home Consulting. The practice provides therapy at home to older adults with her team of physical, occupational and speech therapists. Sydney continues to increase access to home safety evaluations throughout the state through grant funded programming.

Economic Roundtable

Tom Root

Wednesday, March 8, 2-3:30 p.m.

Friday, May 5, 2-3:30 p.m..

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$20

Join us for this abbreviated two-session *Economic Roundtable* with Tom Root that will take a deep dive into the lessons learned by policy makers in the past, and what can and cannot be applied to the global economy of today. Join in an interesting and engaging discussion rooted in a look at the economic data as the Roundtable tries to “get the skinny” on the current state of the economy.

Thomas Root holds four degrees including a PhD in economics from the University of Kansas. He has been teaching in the primary area of finance in the College of Business and Public Administration at Drake since 1999. In addition to being an active member of the academic community, he maintains a close connection to the private sector through both consulting and the delivery of certificate programs taught to area business leaders through Drake’s Center for Professional Studies. Root also holds a visiting professorship at Makerere University Business School (MUBS) in Uganda.

The Beatles’ Feature Films and Popular Culture

Carl Johnson

Friday, March 10

Wednesdays, May 24, 31, June 7

1:30-4 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This course will examine the feature films of The

Beatles. The concepts of charisma, on-screen persona, and “star power” will be studied. An analysis of each of The Beatles’ four seminal films will provide insights into the societal fascination with their celebrity and the profound impact they had on music, film, and popular culture. (This class would be best experienced in person to enjoy premium sound quality.)

Carl Johnson received his undergraduate degree in music education and his teaching credential from UCLA, then spent 19 years teaching high school instrumental music in California. He moved to Urbandale in 1992 and received his master’s degree in conducting from Drake University in 1994. He has taught classes in numerous adjunct and part-time capacities ever since. He is the music director/conductor of the Des Moines Community Orchestra, conducts annual musicals with the Urbandale Community Theatre, and is the assistant director of the Greater Des Moines Community Band.

Healthy Foods for your Brain and Body, with Minimal Cooking!

Dr. Patricia Quinlisk, Lisa LaValle

Mondays, March 13, 20

10-11:30 a.m.

Monday, March 27

Time: TBD

Class delivery mode: IN PERSON

Location: Harkin Institute and HyVee WDM

Cost: \$50 (includes ingredients)

Class cap: 40 participants

Join Dr. Patricia Quinlisk and Lisa La Valle for this informative class learning how to eat healthy food without spending too much time cooking! The third class session will be at the West Des Moines HyVee.

Session One: Eating Healthy. Discuss the environment around eating, reading nutritional labels, mindful eating, hydration, alcohol, fiber, salt, sugar etc. Serving sizes and food storage. Make a healthy snack mix to take home.

Session Two: Choosing Healthy Food. Basic food groups, MIND and Mediterranean and DASH diets, raw vs cooked versions, processed vs unprocessed. Concept of “good, better, best” foods. Tasting new fruits, vegetables and dips. Take home leftover fruit and veggies.

Session Three: Healthy Shopping. How to choose healthy food at a grocery store that only need minimal cooking (microwave/toaster ovens). Will be able to taste

various meals, entrees, soups etc. Make a salad mixture to take home.

Dr. Patricia Quinlisk was the Medical Director and State Epidemiologist at the Iowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects such as how to change behaviors to prevent dementia. Her background includes a hospital clinical microbiologist, a Peace Corps Volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

Lisa LaValle is the owner of Trellis at the Greater Des Moines Botanical Garden, and has for more than 20 years elevated fine dining experiences at her restaurants in Des Moines. Lisa's speciality is creating healthy, locally-sourced dishes and menus.

Navigating Greater Des Moines: DART Training and Demonstration

Catlin Curry

Thursdays, March 23, 30

10 a.m.–12 p.m.

Online class via ZOOM (1st session)

Bus ride/visit to DART station (2nd session)

Cost: \$20

Class cap: 35

DART staff will lead training to help individuals learn about DART's various programs and services, and how to ride the bus in Greater Des Moines. Training will demonstrate how to plan a trip, read maps and schedules, recognize bus stops, pay fares, practice rider safety and more. A second interactive session will include a group trip on DART to practice skills learned and do a tour of DART Central Station.

Catlin Curry is the Mobility Coordinator at DART, and has over five years of experience working with groups to help them learn about the public transportation system in Greater Des Moines. Prior to DART, Catlin worked in the human services field for a small non-profit based in Des Moines. He has his BA in marketing and communications from Buena Vista University and is currently undertaking a training certification to be a Certified Travel Trainer Professional through Easter Seals.

Try Your Hand at Archery

Lewis Major

Wednesday, March 29

9:30–11 a.m.

Class delivery mode: IN PERSON

Jester Park Conservation Center, Granger

Cost: \$20

Class cap: 20

Come try your hand at archery. A naturalist will give you all the instruction you need to hit your first bullseye. Bows are adjustable and usable by most abilities. If you don't want to shoot, come observe and learn a little about Polk County Conservation's efforts to make shooting sports part of their programming. The ranges are inside the Jester Park Outdoor Recreation and Wellness Center. All instruction and equipment provided. Bring a good attitude and a "can do" spirit.

Lewis Major is a Naturalist with Polk County Conservation. For over 20 years, he has been teaching conservation education and outdoor recreation to people of all ages. He is extremely passionate about getting people outdoors and connecting them with their natural world.

Archaeology and Atlatls

Lewis Major

Friday, March 31

2–3:30 p.m.

Class delivery mode: IN PERSON

Jester Park Conservation Center, Granger

Cost: FREE

Class cap: 50

Learn the archaeological history of Iowa by exploring the recently opened Jester Park Nature Center artifact exhibit. A naturalist will explain items on exhibit in more detail and talk about the creation of the display. Afterwards, we'll step out on the patio and watch an atlatl demonstration. Participants will have the opportunity to try their hand at it as well. Don't know what an 'atlatl' is, join us and find out.

Lewis Major is a Naturalist with Polk County Conservation. For over 20 years, he has been teaching conservation education and outdoor recreation to people of all ages. He is extremely passionate about getting people outdoors and connecting them with their natural world.

Survival Skills

Lewis Major

Monday, April 3

10–11:30 a.m.

Class delivery mode: IN PERSON

Jester Park Conservation Center, Granger

Cost: \$20

Class cap: 25

Do you have what it takes to survive this class? A naturalist will discuss what to do in a survival situation, things to think about and items to make sure to have. This hands-on class will test your wit with fun survival challenges. We will also work on our fire starting skills even, explore eating some wild edibles.

Lewis Major is a Naturalist with Polk County Conservation. For over 20 years, he has been teaching conservation education and outdoor recreation to people of all ages. He is extremely passionate about getting people outdoors and connecting them with their natural world.

Who Am I? Identity and the American Short Story

Beth Younger

Mondays, April 3, 10, 17, 24

2–3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

In this course we will read and discuss short stories that depict human beings (children, teenagers, and adults) amidst the development and perhaps, transformation, of identity. Is identity a stable aspect of our lives? What affects and alters the ways we see ourselves? Is identity malleable or a fixed aspect of humanity?

We will read stories by Raymond Carver, Joyce Carol Oates, Jhumpa Lahiri, Carmen Maria Machado, Charles Baxter, Peter Cameron, and John Cheever. All stories will be provided online in pdf format.

Beth Younger is a Los Angeles-born beach girl happily settled in the beautiful state of Iowa. She wrote her dissertation on sexuality and body image in Young Adult novels, which was then published as a book: *Learning Curves* (2009). She is currently researching trauma and identity in contemporary Young Adult novels. She enjoys growing tomatoes, embroidery, dusting, fighting the patriarchy, and watching as many horror films as she can (even the bad ones). She lives in a 100-year-old bungalow with her two chihuahuas and an orange cat. Teaching is her favorite thing to do.

Martin Bucksbaum

Distinguished Lecture Series

with Bob Woodward

Tuesday, April 4

7–8:30 p.m.

Class delivery mode: IN PERSON

Location: Knapp Center, 2525 Forest Ave.

Cost: FREE

Reserved seating for OLLI at Drake members

The speaker for the Martin Bucksbaum Distinguished Lecture Series at Drake University is award-winning journalist and author, Bob Woodward.

As an investigative journalist, Bob has honed his listening and empathy skills—a practice that is essential when he interviews the rich and powerful.

Robert Gates, former director of the CIA and Secretary of Defense, once said about Woodward: “He has an extraordinary ability to get otherwise responsible adults to spill [their] guts to him...his ability to get people to talk about stuff they shouldn’t be talking about is just extraordinary and may be unique.”

Bob has written multiple bestsellers that depict an insider’s view of Washington—the budget wrangling, political infighting, our military policies, the deals made behind the scenes, how presidents lead, the homeland security efforts, and so much more.

He has become an icon in investigative journalism, earning international attention when he and Carl Bernstein broke story about the truth of the Watergate break-in. That book, *All the President’s Men*, won a Pulitzer Prize. The ensuing scandal brought down the Nixon presidency. *All the President’s Men* was the basis of the 1976 movie version, which starred Robert Redford as Woodward and Dustin Hoffman as Bernstein.

Most recently, Bob completed his trilogy of books about the Trump presidency when he published *Peril*, in 2021—after having published the first two books—*Fear* in 2018 and *Rage* in 2020. *Peril* was an immediate #1 bestseller, documenting what Woodward believed was one of the most dangerous periods in American history: the transition from President Donald J. Trump to President Joseph R. Biden, Jr.

When working on his books, Bob’s diligence and ethical stance won him the confidence of his insider sources, who willingly confided to Woodward about the insider machinations within Congress and the White House. Starting with *All the President’s Men* in 1974, Bob has authored or co-authored 20+ bestselling books—15 of which became #1 U.S. non-fiction bestsellers—more than

any modern-day author. His trilogy is an unprecedented and intimate tour de force of original reporting on the Trump presidency. In 2022, he published an audiobook of his interviews with the former president titled *The Trump Tapes*.

Bob is an associate editor of *The Washington Post*, where he has worked since 1971. The *Post* won the 1973 Pulitzer Prize for the investigative work on the Watergate scandal. Bob was the lead reporter for the *Post's* articles on the aftermath of the September 11 terrorist attacks in New York City, ten of which won the *Post* another Pulitzer Prize in 2002. In 2003, Al Hunt of *The Wall Street Journal* called Woodward "the most celebrated journalist of our age." In 2004, Bob Schieffer of CBS News said, "Woodward has established himself as the best reporter of our time. He may be the best reporter of all time."

The Martin Bucksbaum Distinguished Lecture Series is made possible by a gift from the late Melva and Martin Bucksbaum. The Martin Bucksbaum Distinguished Lectureship Committee includes: Neil Hamilton (chair), Julian Archer, James Autry, Pamela Bass-Bookey, Michael Gartner, Janis Ruan, Mary Bucksbaum Scanlon, Marcia Wanamaker, and Eleanor Zeff.

Saving Your Brain: Dementia Prevention (updated information)

Patricia Quinlisk

Wednesdays, April 5, 12

10–11:30 a.m.

Class delivery mode: ZOOM

Cost: \$20

Dr. Quinlisk will provide class participants with the latest important information on dementia prevention. The risk of developing dementia can be reduced; in fact, it's estimated that about 40% of all cases of dementia/Alzheimer's Disease can be prevented. In these two classes, you will learn the details about what YOU can do to lower your risk, even if you think you might be carrying the dementia gene! It's not easy to make lifestyle changes, but now is the time to start (and these changes will help you to be healthier overall – not only your brain will be healthier, so will your heart and lungs, and body!) Join us for a life changing class.

Dr. Patricia Quinlisk was the Medical Director and State Epidemiologist at the Iowa Department of Public Health for 24 years. She is now semi-retired; continuing to teach at various universities and working on projects such as how to change behaviors to prevent dementia. Her background includes a hospital clinical

microbiologist, a Peace Corps Volunteer in Nepal, and training as a field epidemiologist in the CDC's Epidemic Intelligence Service.

Textile Talks

Rachel Burke, Laurann Gilbertson,

Marianne Fons, Carissa Heckathorn

Wednesdays, April 5, 12, 19

2-3:30 p.m.

Class delivery mode: ZOOM (1st two sessions)

Visit to Fons and Porter, Winterset (3rd session)

Cost: \$30

Each of us interacts with textiles daily, be it the clothes we wear, or the sheets and towels we use. Most of us probably don't give much thought to these fabrics and their designs. However, there are any number of fascinating topics within the textile world, including history and design, today's fiber arts scene, and even environmental matters. Join us for three diverse sessions featuring some of Iowa's top textile experts and their respective organizations.

Session 1: Environmental Impacts: This presentation will provide quilters, sewists, and people who wear clothes with a basic toolkit to navigate fabric choices in a more environmentally aware way. Our conversation will touch on the environmental impact of Polyester, Cotton, Linen, Rayon, Tencel, and Hemp.

Rachel Burke is a Land and Water Steward for Green Iowa AmeriCorps. She earned an MFA in painting and drawing from the University of Minnesota, and she is a sewist, a lover of fabric, and an artist at heart. Frustrated by the fabric industry's lack of transparency regarding their environmental impact, Rachel set out to learn and teach the basics of sustainable fabric choices.

Session 2: All Tradition is Change: Explore and expand your ideas of what is "tradition" and "traditional" while looking at historical objects and pieces made today by artists working within the tradition. Examples are textiles from Norway and Norwegian America, including weaving, quilting, embroidery, baptismal garments, and knitting.

Laurann Gilbertson holds a BA in anthropology and an MS in textiles and clothing, both from Iowa State University. She has been at Vesterheim Norwegian-American Museum in Decorah, Iowa, for 31 years first as Textile Curator and now as Chief Curator. Among her duties are overseeing the collection of more than 30,000 artifacts, creating exhibitions, and leading textile study tours to Norway.

Session 3: Telling Stories Through Quilts: Every quilt has a story, and every quilt's story is different. Some quilts reflect the maker and her (or his) personality; others tell the story of the maker's time period. They are a visual representation of the time in history when they were made. Some were for warmth, others were to show off skills, and some are a reflection of artistic acumen. Together, they are a legacy of women and men sharing their stories through fabric and thread.

In this session, you will visit the Iowa Quilt Museum, in Winterset, IA, where you will hear from both board member Marianne Fons and museum director Carissa Heckathorn about how the museum fulfills its mission—promoting appreciation of the American quilt and the art of quilting. You'll also have the pleasure of viewing IQM's current exhibit. Both presenters bring enthusiasm and knowledge about the legacy of quilting.

Marianne Fons is a teacher, author, magazine founder, and well-known television personality. Marianne Fons has seemingly done it all in the world of quilting.

Carissa Heckathorn is a marketing professional who began her quilting journey during her 4-H years in Washington State.

Discover the History of Iowa Folklore

Pete Malmberg

Fridays, April 7, 14, 21

2–3:30 p.m.

Class delivery mode: IN PERSON

Location: Forest Park Museum, Perry, IA

Cost: \$30

Join Pete Malmberg at the Forest Park Museum in Perry for this entertaining class exploring the rich history of Iowa folklore. All sessions will be well researched and entertaining with extensive class participation, and question and answer sessions.

Session 1 will look at What is folklore in Iowa and the early researchers. We will then examine the many ballads and folk songs from Iowa and their origins. Songs like *Little Johnny Green* and the *Butcher Boy*.

Session 2 will cover current (1930s) beliefs in Iowa and topics like childhood, marriage and weather.

Session 3 will look at the always entertaining topics of cures and preventatives and household lore including some fascinating beliefs about dreams.

Pete Malmberg has been the Dallas County Curator for 22 years. He has a master's degree in American Studies from the University of Wyoming. He is a longtime county historian and amateur naturalist working on the preservation and interpretation of Dallas County's rich cultural resources. He works in disciplines including history, biology, archaeology, geology, and soil and water, and he loves sharing Dallas County's heritage with the public!

Reproductive Health Education for Students in Tanzania

Philip Latessa

Mondays, April 10, 17

9:30–11 a.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$20

At the request of the District government, Empower Tanzania developed a curriculum to reduce teen pregnancies, harassment and child abuse. Separate curricula were developed for primary and secondary schools with close liaison with the educational departments of the District and the Roman Catholic Bishop. Two teachers from each of the 19 pilot schools (including one Roman Catholic high school) with enrollments of 10,500 students were trained to deliver the curriculum which included human biology, puberty, menstruation, birth control, children's rights, HIV/AIDS, STDs and respect for others. The teachers then returned to their schools and trained all the others. Empower Tanzania staff maintained close contact with the teachers and visited the students and their families. The program continued during the pandemic and initial results are positive. In September, phase 2 began with training of teachers from another 37 schools which enroll over 21,000 students. Phase 3 will include all schools and students in the District.

Philip Latessa was one of the founders of Empower Tanzania. Prior to that he was Executive Director of Iowa Sister States for 10 years. He filled executive positions in the Iowa Hospital Association for the previous 25 years. After graduation from Northeastern University in Boston, he moved to Iowa in 1970, developed two medical exchange projects with Russia in the 1990s, and HIV/AIDS program in Tanzania in 2006.

Synthetic Biology: Remaking Life

Jerry Honts

Mondays, April 10, 17, 24

11:30 a.m.–1 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Humans have genetically altered plants and animals through selective breeding for millennia. The advent of recombinant DNA technologies in the 1970s enabled precision changes to the genetic material of living organisms, generating a variety of genetically modified organisms (GMOs). Rapid advances in biotechnology during the last 20 years have facilitated modification of living organisms at almost every level and at a scale previously unimaginable. This course will review some of these new technologies and describe how they will revolutionize our ability to not just engineer existing cells and organisms but to create entirely new forms of life. Some of these technologies aim to transform the material basis of life at its most fundamental level, thereby creating truly alien organisms. In three sessions, we will cover (1) iGEM: Engineering living machines with BioBricks, (2) Genome Project-Write and synthetic cells, and (3) Xenobiology: “It’s life, Jim, but not as we know it.”

Jerry E. Honts is Associate Professor of Biology at Drake University. He has taught cell biology and related courses at Drake since 1995. He is currently researching force-generating proteins in ciliated protozoa, and their potential use as actuators in synthetic cells.

What You Need To Know About Venezuelan History, Politics, Society, Art, Cuisine and Geography

Inés Rojas

Tuesdays, April 11, 18, 25

10–11:30 a.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This course will offer a glimpse of important aspects of Venezuelan history, politics, and society often unmentioned in mainstream news or articles about Venezuela. It will also provide examples of its artistic expressions and its cuisine.

Inés Rojas is a Venezuelan from Mérida. She is a full professor of the University of the Andes (ULA), where

she’s taught Intercultural Communications, Human Rights, and International Relations. She has BA in English Literature and a Masters in Linguistics from ULA. She holds a PhD in Political Science from Georgia State University, in Atlanta, Georgia.

How Iowa Met Baseball: The Myths, the History, the Players

John Liepa

Tuesdays, April 11, 18, 25

1–3 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

Over the past 150 years, the setting for the Spring passion of many Iowans has been the ball park. This course explores the myths surrounding baseball’s origins, the early history and evolution of the game, baseball’s journey to Iowa, and the role of the Civil War in spreading its popularity. The class will learn about some of Iowa’s baseball pioneers, our seven Hall of Famers, and will view the most extensive collection of baseball cards and memorabilia featuring Iowa players

John Liepa is an emeritus professor of history and political science at DMACC with BS (1968) and MA (1971) degrees from ISU. He taught courses in US and Iowa History, American National Government, Western Civilizations, and for the last 10 years (since retirement) a course on “Iowa’s Ethnic Heritage” for the Senior College of Greater Des Moines.

**** Details will follow for registered class participants for a baseball game at Principal Park slated for 12.08 p.m., Wednesday, April 26.**

Drake Opera: *Hansel and Gretel* with presentation by Isaiah Feken

Saturday, April 15

6 p.m.

Class delivery mode: IN PERSON

Location: Harmon Performing Arts Hall, Drake

Cost: \$30

Class limit: 65

The Drake Opera is pleased to announce they will be performing Englebert Humperdinck’s delightful opera, *Hansel and Gretel*, with orchestra.

The evening will commence with a wine and cheese for OLLI at Drake members; a talk by Drake opera director, Isaiah Feken; and the opera will start at 7:30 pm.

Isaiah Feken is the director of the Drake Opera Theater. He was a former Patricia and Dr. Carl S. Hoveland Opera Fellow, and has performed opera in leading roles in the US and abroad. He is a native of Tulsa Oklahoma, where he received his bachelors from the University of Tulsa, masters and doctorate from the University of Georgia, where he served as principal baritone for UGA Opera Theatre.

Musical Theater: *The Theory of Relativity*

with presentation by Erin Horst

Thursday, April 27

6 p.m.

Class delivery mode: IN PERSON

Location: Coleman Theater, Drake

Cost: \$30

Class limit: 50

The Theory of Relativity is a joyous and moving look about our surprisingly interconnected lives. Whether you're allergic to cats, in love for the first or tenth time, a child of divorce, a germaphobe or simply a unique individual, audience members and actors alike are sure to find themselves in this fresh new musical. Through a seemingly unrelated collection of songs, scenes and monologues, *The Theory of Relativity* introduces a compelling array of characters experiencing the joys and heartbreaks, the liaisons and losses, the inevitability and the wonder of human connection.

This evening will commence with a wine and cheese gathering for OLLI at Drake members; a talk by musical director Erin Horst and the show will start at 7:30 pm.

Erin Horst is a native of Vinton, Iowa. She holds an MFA in Musical Theatre from Minnesota State University, Mankato, and bachelors degrees in both Vocal Performance and Media Studies from Loras College. Before coming to Drake, she worked as an actor, director and choreographer for various professional companies around the Midwest. She has performed at venues around the country including the Kennedy Center in Washington DC, and Carnegie Hall in New York City.

Birdwatching: Central Iowa (A)

Dennis Thompson

Monday, May 1, 8

8-9:30 a.m.

Class delivery mode: IN PERSON

Location: Various central Iowa outdoor locations

Cost: \$30

Class size limit: 15

Join one of Iowa's foremost birders, Dennis Thompson, for a morning bird walk exploring central Iowa parks. We'll look for a wide variety of species in various habitats. Novices are very welcome.

This class has been expanded to being offered in two different series this semester. These classes are offered as two-session classes to accommodate the high demand from OLLI members, and the schedule for the instructor. Participants can register for session A or session B, but not both!

Bring binoculars, a small notebook to record your sightings, and plan to wear a mask. Participants will receive meeting directions via email prior to the class. Expect some uneven terrain and wear sturdy shoes.

Dennis Thompson has been active in Central Iowa birding circles for over 35 years. He has served as president of the Des Moines Audubon Society several times and has led monthly field trips for that organization for the past 25 years. Dennis has also been the compiler for the Des Moines Audubon Christmas Bird Count since the mid-80s. Dennis is retired from Wells Fargo.

Jazz Elements in Classical Music

Carl Johnson

Mondays, May 1, 8, 15

2-3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

From the early days of jazz, its influence was felt in classical music compositions. This class will examine what those influences are, the history from 1900 to the present of classical compositions using them, and how today's jazz and classical groups can share a program on the same stage.

The collaboration of the Des Moines Community Orchestra and the Community Jazz Center Big Band will be discussed, highlighting their free concert on May 21, 2023.

Carl Johnson received his undergraduate degree in music education and his teaching credential from UCLA, then spent 19 years teaching high school instrumental music in California. He moved to Urbandale in 1992 and received his master's degree in conducting from Drake University in 1994. He has taught classes in numerous adjunct and part-time capacities ever since. He is the music director/conductor of the Des Moines Community Orchestra, conducts annual musicals with the Urbandale Community Theatre, and is the assistant director of the Greater Des Moines Community Band.

Iowa State Fair Inside Scoop

Mindy Williamson

Wednesdays, May 3, 10, 17, 24

10–11:30 a.m.

Class delivery mode: IN PERSON

Location: Youth Inn – Iowa State Fairgrounds

Cost: \$30

Class cap: 60

For 11 days in August, the Iowa State Fair is the biggest event in Iowa. Come join a cast of experts to learn more about quiet places of greenery, what goes into the best food department and concessions in the Fair world, and how we got to where we are today. Whether you are the Fair's biggest fan or you only know a few things, you are sure to learn something new and different about not only the Iowa State Fair, but also the historic Fairgrounds in general. Class size is limited to 60 due to tours.

Iowa Architectural Foundation Walking Tour of Downtown

Des Moines

Laura Porter

Friday, May 5

10–11:30 a.m.

Class delivery mode: IN PERSON

Location: Iowa Center for Architecture, 400 Locust St., Suite 100 (Capital Square)

Cost: \$10

Class cap: 30

At the turn of the twentieth century, Des Moines' leaders adopted the philosophy of *The City Beautiful Movement*. The movement was inspired by Chicago's 1893 World Columbian Exhibition, which led the efforts to beautify and ennoble America's cities. It was believed that beautification would bring along with it moral and civic virtue. Influenced by this movement, the Des Moines Women's Club and other civic-minded organizations began clamoring for improvements along the river. They replaced meat packing warehouses and

houses of ill repute with what we experience now as a series of beautiful civic buildings including City Hall, the World Food Prize and the Armory Building along what is now the Principal River Walk. Led by local architects, this walking tour will open your eyes to these historic landmarks of Des Moines.

This tour is offered by the **Iowa Architectural Foundation**, a nonprofit organization dedicated to inspiring the appreciation of architecture and design through adult enrichment and youth education programs.

This class will occur rain or shine. If inclement weather occurs, the tour will be led through the skywalks of Des Moines. (A second opportunity may occur in June if we have a long waitlist.)

Tallgrass Theatre Company presents *Wonder of the World*

Sunday, May 7

1:45 p.m.

Class delivery mode: IN PERSON

Location: Tallgrass Theatre, West Des Moines

Cost: \$40

Class cap: 50

Nothing will prepare you for the dirty little secret Cass discovers in her husband's drawer. It is so shocking that our heroine has no choice but to flee to the honeymoon capital of the world in a frantic search for the life she thinks she missed out on. It's a wild ride over Niagara Falls in a barrel of laughs as Cass embarks on a journey of self-discovery that has her crossing paths with a blithely suicidal alcoholic, a lonely tour-boat captain, a pair of bickering private detectives, and a strange caper involving a gargantuan jar of peanut butter, all of which pushes her perilously close to the water's edge.

Following the performance, OLLI at Drake members will be invited to do a behind-the-scenes tour of the theatre and meet performers.

Mindful Journeys: Meditation for Beginners

Bill Mogolov

Tuesdays, May 9, 16, 23, 30

10–11:30 a.m.

Class delivery mode: IN PERSON

Location: Harkin Institute board room

Cost: \$30

Class cap: 20

Learn the basics of Guided Meditation as your mind and body will be pampered with the ultimate in relaxation. You'll learn simple breathing techniques and will be guided through wonderful mind journeys that will help you with general relaxation, stress, sleep, anxiety, and many other self-improvement issues. Nothing complicated to learn, you'll just follow the instructor as he guides you through each session. Each group session is a combination of hypnosis and meditation which will give you a deep level of relaxation that will provide your mind and body with welcome relief from our sometimes stressful world. You'll also have free access to the instructor's recorded meditations after the four week class is over so you can listen to them for free, anytime and anywhere.

Bill Mogolov is a passionate meditation practitioner who spent nearly a decade teaching Guided Meditation and Stress Management classes at the Iowa Correctional Institution for Women at Mitchellville and the Polk County Jail. He is also the founder of an online meditation platform that offers free meditations to people all over the world. His meditations are also available on iTunes, Amazon Music, Spotify, and Audible. Bill has also worked as a certified hypnotist, specializing in smoking cessation, weight management, and stress management.

Revitalizing Rural America

Daniel Kahl, Mike Hammond

Wednesdays, May 3, 10

2–3:30 p.m.

Class delivery mode: ZOOM

Cost: \$20

Join two leaders from different parts of the country who will provide an overview of how one initiates the conversation to begin the process of rural revitalization. The Iowa component of the class will explore contemporary economic and community development trends in a rural county in Central Iowa, and examine how smaller communities are adapting to grow in the midst of the significant changes in how we live, work, play, and connect with one another.

Daniel Kahl is a Cooperative Extension Specialist serving as an Assistant Professor of Community and Leadership Development and the Associate Director of CEDIK (the Community and Economic Development Initiative of Kentucky) at the University of Kentucky. In addition, he serves as a collaborative research partner with the CLD Community Innovation Lab. He has nearly 20 years of experience working with local community improvement teams and developing programs to support sustained community development initiatives. .

Mike Hammond is the Executive Director of the Boone County Chamber of Commerce and Economic Growth Corporation in Boone County, Iowa. His credentials include: BA in History, Spanish, and International Studies from Central College (Pella, Iowa); post-secondary diploma in Education from University of the South Pacific (Fiji Islands), and Master of Education - Iowa State University (Ames, Iowa.)

****Class participants will also be able to travel to Luther, Ogden and Boone for a field trip that will be organized for late spring. Details for this field trip will be shared with class participants during the semester.**

Tour of the DCI Lab and Criminal Justice Training Facility, Ankeny

DCI staff

Friday, May 12

9 a.m.– 12 noon

Class delivery mode: IN PERSON

Locations in Ankeny: Lab-2240 S. Ankeny Blvd.

House-DMACC building 26 next to Lab

Class cap: 25

Cost: \$20

Back by popular demand! The Criminal Justice Training Facility is located on the DMACC Ankeny campus. The facility has cameras with views in and outside. This facility provides a realistic setting, complete with traditional home furnishings and top-notch equipment, allowing for enhanced learning and training opportunities for DMACC students as well as criminal justice professionals.

The Iowa Division of Criminal Investigation Criminalistics Laboratory is entrusted by statutes to provide technical assistance to the criminal justice system in the investigation of criminal matters. This technical assistance involves the recognition, recovery, packaging, marking, sealing and analysis of physical evidence, preparation of technical reports of the analyses, and court testimony. Our tour will allow us

to see each facet of the Lab. Laboratory staff also participate in the training of law enforcement officers in advanced evidence handling procedures and the processing of some crime scenes. Join us as we learn about and tour the Division of Criminal Investigation Laboratory.

Befriending Grief

Michele Morford

Friday, May 12

2-3:30 p.m.

Friday, May 19

10-11:30 a.m.

Class delivery mode: IN PERSON

Location: Harkin Institute

Cost: \$20

Grief is a reaction that many of us struggle processing. It is a natural reaction to loss of some kind and is different for everyone. Can you prepare for the various stages of grief? Is grief something to “get over” or “get through”? Is it possible to value the grief experience rather than run from it? In these two sessions we will discuss the topic of grief and talk to professionals who help people travel the grief journey. We will hear from people who have the courage to share their experiences, what they learned and how grief reshaped their lives.

Michelle Morford is an avid “armchair sleuth” who recently elected to retire as a full-time communication leader from Wells Fargo Home Mortgage. Her passion and interest in true crime comes from her need to problem solve and getting lost in a really good story. During her 16-year career with Wells, Michelle held a variety of senior leadership communication roles and led multiple teams focused on information transfer, change management, employee education, executive leadership support and other creative roles to drive organizational transformation using communication tools and techniques. She holds a BA degree from the University of Northern Iowa where she graduated with honors.



Birdwatching: Central Iowa (B)

Dennis Thompson

Monday, May 15, 22

8-9:30 a.m.

Class delivery mode: IN PERSON

Location: Various central Iowa outdoor locations to be advised after registration

Cost: \$30

Class size limit: 15

Join one of Iowa’s foremost birders, Dennis Thompson, for a morning bird walk exploring central Iowa parks. We’ll look for a wide variety of species in various habitats. Novices are very welcome.

This class has been expanded to being offered in two different series this semester. These classes are offered as two-session classes to accommodate the high demand from OLLI members, and the schedule for the instructor. Participants can register for session A or session B, but not both!

Bring binoculars, a small notebook to record your sightings, and plan to wear a mask. Participants will receive meeting directions via email prior to the class. Expect some uneven terrain and wear sturdy shoes.

Dennis Thompson has been active in Central Iowa birding circles for over 35 years. He has served as president of the Des Moines Audubon Society several times and has led monthly field trips for that organization for the past 25 years. Dennis has also been the compiler for the Des Moines Audubon Christmas Bird Count since the mid-80s. Dennis is retired from Wells Fargo.

Private Tour of the Better Homes and Gardens Test Gardens

Sandra Gerdes

Tuesday, May 16

2:30-4:30 p.m.

Class delivery mode: IN PERSON

Location: Dotdash Meredith Test Gardens, DSM

Cost: \$20

Class size limit: 40

Join us for this exclusive opportunity to visit the Better Homes and Gardens test gardens in downtown Des Moines. There will be a 15-minute presentation by the head gardener, Sandra Gerdes, and then participants will be able to explore the gardens at their leisure during the 2-hour timeframe.

Annual Meeting and Year-End Celebration

Wednesday, May 17

2–4 p.m.

Class delivery mode: IN PERSON

Location TBD

Cost: FREE

Please join us as we recognize the instructors and volunteers who have contributed to the success of our 2022–2023 academic year. Details will be announced in early spring for this activity.

“Harken to Verse”

‘Poetry &’

Friday, May 19

1–3 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$10

Enjoy an outstanding poetry event in the Harkin Institute auditorium. **Poetry &** is an Iowa-based non-profit organization created to advance awareness and appreciation for poetry and poets through educational events that celebrate the written and spoken word.

Des Moines Community Orchestra Performance

Conductor Carl Johnson

Sunday, May 21

1–4 p.m.

Class delivery mode: IN PERSON

Location: Levitt Hall and Sheslow Auditorium

Cost: FREE

Please join our very own OLLI member, Carl Johnson as he conducts the Des Moines Community Orchestra, with a pre-performance presentation at Levitt Hall at 1 p.m., followed by the performance at 2 p.m. in Sheslow.



Loving Huxley: Our Week with Black Bears

Michele Morford

Monday, May 22

2–3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: FREE

In the summer of 2022, Brad and Michelle Morford spent a week living with black bears in Ely, Minnesota at the Wildlife Research Institute studying with Dr. Lynn Rogers, PhD, who is known as the “Jane Goodall of Black Bears”. In this session they will share their experiences of hand feeding these misunderstood animals, interacting with black bears in the wild and how coming face to face with these beautiful creatures changed their lives.

Michelle Morford recently elected to retire as a full-time communication leader from Wells Fargo Home Mortgage. During her 16-year career with Wells, Michelle held a variety of senior leadership communication roles and led multiple teams focused on information transfer, change management, employee education, executive leadership support and other creative roles to drive organizational transformation using communication tools and techniques. She holds a BA degree from the University of Northern Iowa where she graduated with honors.

Building Upon Your Family Archive

Hope Bibens, Doreen Dixon, Benedict

Chatelain

Fridays, May 26, June 2, 9

2–3:30 p.m.

Class delivery mode: HYBRID

Location: Harkin Institute or Zoom

Cost: \$30

This course builds upon the instruction given in the previous semester, and newcomers are also welcome. It introduces you to the world of archives and special collections. You will learn how to utilize collections within Drake University’s Archives & Special Collections, as well as how to preserve your own family history and important documents and heirlooms. Other topics of discussion will include digitization, reformatting, and organizing and preserving born digital files.

Hope Bibens is Director of University Archives & Special Collections and an Associate Professor of Librarianship at Drake University’s Cowles Library. She holds an MA in American History and an MLS from Indiana University Bloomington. In addition to her Drake duties, Bibens serves as President of the Association of Centers for the Study of Congress.

Craft Brewing in America
Confluence Brewery – Mark David
Twisted Vine Brewery – Brian Sabus
Thursdays, June 1, 8
3-4:30 p.m.

Class delivery mode: IN PERSON
 Location: Confluence Brewery, Twisted Vine Brewery
 Cost: \$40

Can one make a beer that is the equivalent to a freshly baked baguette? For most breweries, large or small, that has never been possible—UNTIL NOW! Over the past quarter century, there has been a remarkable revival of the art of brewing across America. Initially credited to brewers like Massachusetts' Boston Beer Company, Kansas City's Boulevard Brewing Company, Denver's Wynkoop Brewing Company, and San Francisco's Anchor Brewing Company, beer [and the art of brewing] started moving in a new, exciting direction.

These larger "independents" helped fuel a relatively new microbrewery/brewpub movement which is truly responsible for the rise of a variety of beer styles not seen in America for decades. And, Des Moines has not been left behind. We are part of this national movement with our own explosion of local specialty brews. Whether it's pilsner, India Pale Ale, or Stout, or other special brews, local microbrewers and brew pubs are helping broaden our knowledge and taste for new and exciting beers. Join us as we explore this rapidly growing brewing industry with visits to two local brewpubs.

Mark David has been the Taproom Manager at Confluence since 2012. Mark will discuss the unique flavors and properties that make Confluence beers some of the most popular in the metro, and Iowa! Class includes a flight of six beers for tasting.

Brian Sabus is currently one of seven owners and managing partners of Twisted Vine Brewery. He is also one of our five master brewers. Twisted Vine Brewery was started by Brian Sabus, Steve Becker, and Steve Breman in 2011 inside Madison County Winery. (Breman is no longer with the brewery)

In 2016 Twisted Vine made the move to West Des Moines where it stayed until closing at the end of 2021. Twisted Vine wouldn't be closed for long though. In June of 2022, Twisted Vine opened the doors to a new taproom and brew house located inside one of the East Village's most historic buildings.

During the tasting of a flight of six beers, and presentation, Brian will cover the brewing process, flavor profiles of each beer in the flight, history of TVB, and the history of our new location!

Learning about Meskwaki Culture
and Historic Iowa Courthouses
Bill Sherman
Monday, June 5

ALL DAY: Self-drive
 Class delivery mode: IN PERSON
 Location: various locations in Marshalltown, and Tama
 Cost: \$40
 Class cap: 40

We hope you can join us for this informative tour that has been organized by our local historian, Bill Sherman. The tour will commence with a visit to restored 1884 Marshall County Courthouse, and visit Taylor #4 Country School in Marshalltown.

The next destination will be to the Meskwaki Cultural Center & Museum, followed by a tour of the Meskwaki Settlement School and then a delicious Native American luncheon which will include Fry Bread!

After lunch there will be a tour 1866 Tama County Historical Courthouse, and a visit to Tama County Historical Museum housed in the former Jail. Exhibits include early pioneer life, Lincoln Highway, restored log cabin and Native American artifacts.

2022-2023 MEMBERSHIP FORM

First Name _____

Last Name _____

Preferred Name _____

Birth Date (optional) _____

Street Address, City, State, Zip _____

Home Phone _____ Cell Phone _____

Email _____

Is your spouse an OLLI at Drake member? YES/NO

If YES, print name here _____

PAYMENT OPTIONS (Online payment preferred)

(We no longer take credit card payments through the mail for security reasons.)

ONLINE payments for membership can be made at:

<https://alumni.drake.edu/olli/membership> **OR**

complete and return this form with a check payable to “**OLLI at Drake**”. Check # _____

☐ MY MEMBERSHIP IS UP TO DATE

☐ 1 year membership (July 1, 2022 – June 30, 2023)\$50/person

☐ 2 year membership (July 1, 2022 - June 30, 2024).....\$95/person

☐ 3 year membership (July 1, 2022 - June 30, 2025).....\$140/person

MEMBERSHIP payment total\$ _____

CLASS REGISTRATION fees (from back of form)\$ _____

BALANCE DUE (membership + class fees).....\$ _____

For check payments please mail checks and completed form to:

OLLI at Drake
2507 University Avenue
Des Moines, IA 50311

SPRING 2023 REGISTRATION FORM

Name: _____

Circle fee for desired items. **ADD** payment due. **TRANSFER** total payment due to front of form.

CIRCLE CLASS and \$ to SELECT			
FEBRUARY	PRICE	APRIL	PRICE
Water Quality in Iowa	\$30	Survival Skills	\$20
Changing Character of Perry	\$30	Who Am I? IP or Z	\$30
Tai Chi for Beginners	\$30	Bucksbaum Lecture (Bob Woodward)	FREE
Twenty People 20th Century IP or Z	\$30	Dementia Prevention	\$20
Pyramid Theatre Presentation IP or Z	FREE	Textile Talks	\$30
Only Hope: Holocaust	\$10	Discover Iowa Folklore	\$30
Title IX and 50 Years Women's Athletics	\$20	Health Education - Tanzania IP or Z	\$20
UFOs/UAPs	\$30	Synthetic Biology IP or Z	\$30
Playhouse/Pyramid Theatre	\$30	Venezuelan History, Culture ... IP or Z	\$30
Review of International Happenings IP or Z	\$30	Iowa Baseball History IP or Z	\$30
Great Readings	\$30	Drake Opera: Hansel and Gretel	\$30
Pink Game Presentation IP or Z	FREE	Drake Theater: Theory of Relativity	\$30
US Supreme Court	\$20		
Art Reception – Anderson Gallery	\$30	MAY	PRICE
Pink Game – Basketball Game	\$10	Birdwatching A	\$30
Internet and World Wide Web	\$10	Jazz Elements in Classical Music IP or Z	\$30
DEIJ Book Club IP or Z	\$30	Iowa State Fair Inside Scoop	\$30
Walking to Dinosaurs	FREE	Iowa Architectural Walking Tour	\$10
National Bar Association	FREE	Tallgrass Theatre: Wonder of the World	\$30
Des Moines Talks - People To Know IP or Z	\$30	Mindful Journeys: Meditation	\$30
		Revitalizing Rural America	\$20
MARCH	PRICE	Tour of the DCI Lab etc.	\$20
Putting Food on the Table IP or Z	\$30	Befriending Grief IP or Z	\$20
Water Aerobics	\$30	Birdwatching B	\$30
Nature's Art – Fine Minerals	\$10	Better Homes and Gardens Tour	\$20
Conversations with Composers	\$20	Annual Meeting	FREE
Understanding Global Change	\$30	"Harken to Verse" IP or Z	\$10
History of Design (Part 3)	\$30	DSM Community Orchestra	FREE
My 'Desert Island' Jazz Collection IP or Z	\$30	Black Bear Experience	FREE
Safety and Wellness at Home IP or Z	\$30	Building Your Family Archive IP or Z	\$30
Economic Roundtable IP or Z	\$20	JUNE	PRICE
The Beatles Feature Films IP or Z	\$30	Craft Brewing in America	\$40
Healthy Foods With Minimal Cooking	\$50	Meskwaki, Tama and Marshalltown Visit	\$40
DART bus training and demonstration	\$20		
Archery	\$20		
Archaeology and Atlatis	FREE	TOTAL PAYMENT DUE:	\$

Class Reminders

Use this reminder page to note the classes that you have signed up for.

[illegible]

Class Reminders

Use this reminder page to note the classes that you have signed up for.

[illegible]



Contact us

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OLLI at Drake
2507 University Avenue
Des Moines, IA 50311

office location:

Alumni House
2700 University Avenue
Des Moines, IA 50311





2022-23 OLLI at Drake Council

Ronni Begleiter	Bob Henderson
David Boyd	Rod Henshaw
Judy Conlin	Jan Hetzel
Don Corrigan	Carl Johnson
Margie Davidson	June Johnson
Dennis Davis	Gloria Morris
Marshall Grabau	Craig Shives
Dennis Groenenboom	Jan Wise
Bob Haskins	Sue Wright

Executive Committee

President – Bob Haskins
Vice President – David Boyd
Secretary – Craig Shives
Treasurer – Jan Wise
Programming Chair – Carl Johnson
Events & Socials Co-Chairs – Jan Hetzel & Bob Henderson
Marketing & Membership Chair – June Johnson
Nominating Chair – Dennis Davis
Volunteer Engagement Chairs – Sue Wright

Committee Chairs

Events & Socials – Jan Hetzel & Bob Henderson
Nominating – Dennis Davis
Programming – Carl Johnson
Marketing & Membership – June Johnson
Volunteer Engagement – Sue Wright

Ex Officio

Billie Ray
John Smith, Vice President for University Advancement

OLLI at Drake Staff

Tracy Beck – Manager
Lisa Cooper – Program Coordinator
Susan Stringer – Administrative Assistant